

Index of Services and Resources for Wallingford Residents



**Provided by
The Wallingford Community
Resource Alliance**

(Created December 2025)

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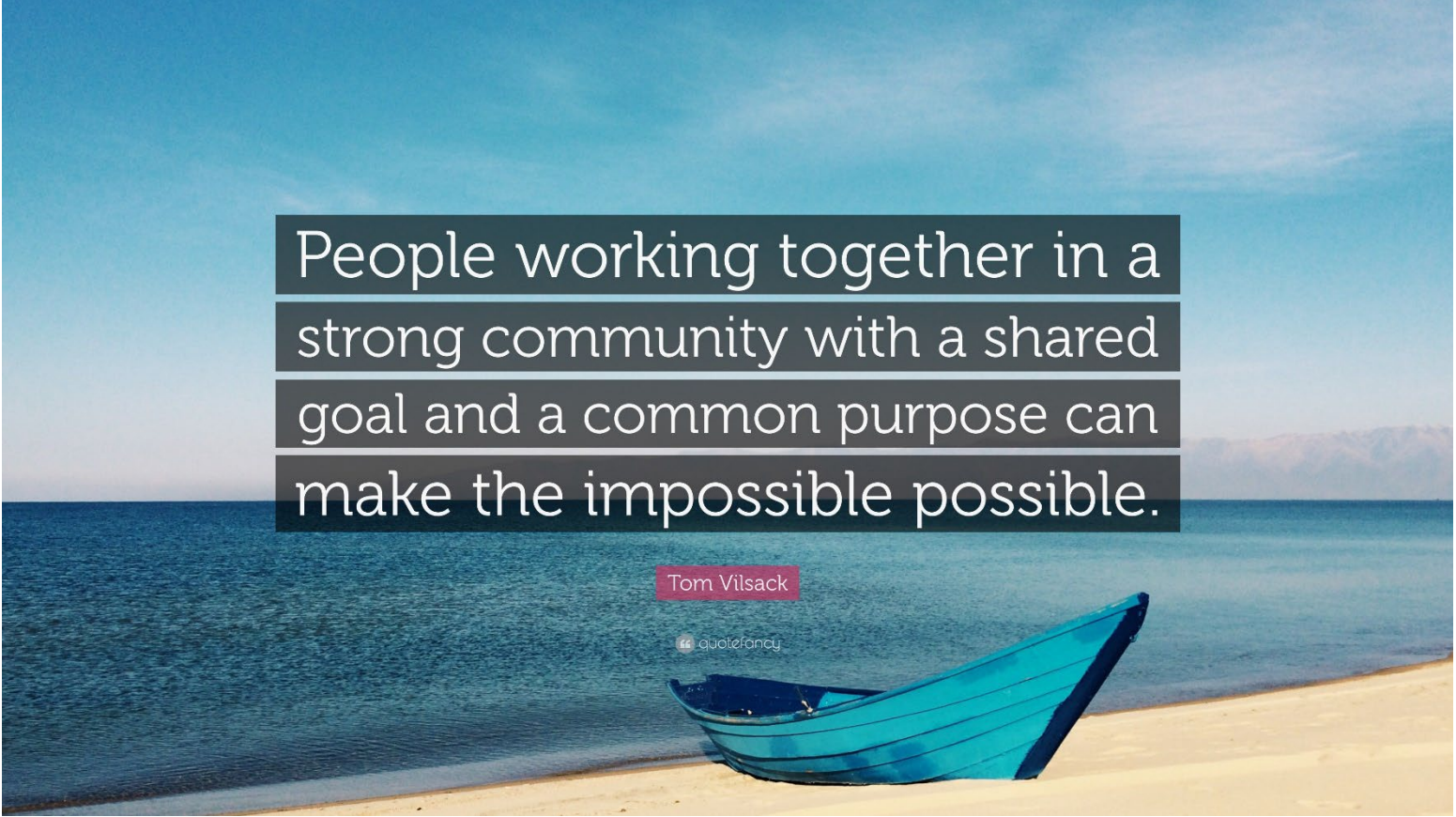
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What is the Wallingford Community Resource Alliance?

The Wallingford Community Resource Alliance (WCRA) is a collaborative network of local agencies and organizations dedicated to serving our community. United by a shared mission, we work together to provide essential information, resources, and opportunities that support and uplift individuals and families. Through partnership and purpose, we strive to build a stronger, more connected community and work toward a brighter, more equitable tomorrow.

A photograph of a small, blue wooden boat resting on a sandy beach. The ocean is visible in the background under a clear blue sky. The quote is overlaid on the image in white text within a dark grey rectangular box.

People working together in a strong community with a shared goal and a common purpose can make the impossible possible.

Tom Vilsack

 quote fancy

Resource Directory for Residents of the Town of Wallingford
(For More Information: wallingfordct.gov and 211ct.org)

WALLINGFORD PUBLIC SCHOOLS BOARD OF EDUCATION Superintendent 203-949-6502 Adult Education 203-294-3900 HIGH SCHOOLS Lyman Hall 203-294-5350 Mark T. Sheehan 203-294-5900 MIDDLE SCHOOLS Dag Hammarskjold 203-294-3700 James H. Moran 203-741-2900 ELEMENTARY SCHOOLS Cook Hill 203-284-5400 E.C. Stevens 203-294-3750 Highland 203-294-3970 Moses Y Beach 203-294-3940 Parker Farms 203-294-6200 Pond Hill 203-294-6230 Rock Hill 203-294-6260 Fritz 203-284-6900	HEALTH, COUNSELING & ADDICTION BH Care 203-800-7177 * bhcare.org Child Guidance Clinic 203-235-5767 * cgccentralct.org Adelbrook, Inc 860-635-6010 * adelbrook.org Children's Center 203-248-2116 * ChildrensCenterHamden.org Catholic Charities 203-265-2507 * ccaoh.org Community Health Center 203-237-2229 * chc1.com Autism Services Resources Center 203-265-7717 * ct-asrc.org Dept of Children & Families 203-238-8400 * portal.ct.gov/dcf Favor, Inc 860-563-3232 * favor-ct.org Franciscan Life Center 203-237-8084 * flcenter.org CT Birth to 3 System 800-505-7000 * birth23.org Rushford Center 203-630-5280 * rushford.org Soul Friends, Inc 203-679-0849 * soul-friends.org Masonicare 866-678-1115 * masonicare.org Meriden-Wallingford Chrysalis 203-630-1638 * mwchrysalis.wordpress.com Women and Families Center 203-235-4444 * womenfamilies.org Literacy Volunteers – Meriden/Wlfd 203-774-0722 * lvaghn.org Child Guidance Clinic 203-235-5767 * cgccentralct.org TriCircle 860-349-7074 * tricircle.org Midstate Medical Center 203-694-8200 Main #/ 203-694-8911 Emergency Dept		
HOUSING & SHELTER Wallingford Emergency Shelter 203-294-0102 Wallingford Housing Authority 203-269-5173	TOWN Police 203-294-2800 Mayor Office 203-294-2070 Town Council 203-294-2155 Health 203-294-2065 Parks & Rec 203-294-2120 Probate Court 203-294-2100 Youth & Social Services 203-294-2175	Urgent Crisis Centers Yale New Haven Children's Hospital 203-688-4707 Wellmore Behavioral Health Waterbury 203-580-4298 The Village Hartford 860-297-0520 Child & Family Agency New London 860-437-4550 EMPS-Crisis Intervention Services: 211 Suicide & Crisis Lifeline: 988	FOOD & ASSISTANCE CT Dept of Social Services 855-626-6632 Good News Christian Center Angel Food Ministries 203-284-9383 angelfoodministries.com New Opportunities – Meriden 203-639-5060 newoppinc.org Church of the Nazarene GLOW Food Pantry 203-208-8534 wallnazchurch.org State Nutritional Assistance Program - SNAP 877-501-4828 Women, Infants & Children(WIC) Nutritional Program 203-630-4245 Master's Manna 203-678-3042 mastersmanna.org
EMERGENCY Police * Fire *Ambulance Dial 911	TOWN & COMMUNITY SERVICES Coalition for a Better Wallingford 203-927-7566 * cbwlfd.org CT Workforce Alliance 203-867-4030 * workforcealliance.biz Girls Inc. 203-235-7146 * girlsinc.org Ulbrich Boys & Girls Club 203-269-7535 * ulbrichbgc.org YMCA of Wallingford 203-269-4497 * wallingfordymca.org Spanish Community of Wallingford 203-265-5866 * scowinc.org Wallingford Public Library 203-265-6754 * wallingfordlibrary.org Wallingford Senior Center 203-265-7753 * wlfdseniorctr.com WPAA-TV 203-294-9722 * wpaa.tv Wallingford Community Day Care 203-294-4176 * wallingfordcommunitydaycare.com Wlfd Early Childcare Alliance Resource Education – WECARE 203-284-4019 Fostering Family Hope *fosteringfamilyhope.org		
HELPLINES: Adolescent Crisis Hotline : 211 211ct.org ▪ Alcoholics Anonymous: 1-877-855-0075 cyt-aa.org ▪ Al-Anon/Al-888-825-2666 ct-al-anon.org ▪ Gambling Helpline: 1-800-346-6238 ccpg.org ▪ Narcotics Anonymous: 1-800-627-3543 .na Alliance for Mentally Ill: 1-800-215-3021 namict.org ▪ CT Behavioral Help Partnership: 1-877-552-8247 CTBHP.com ▪ Poison Control: 800-222-1222 ▪ Sexual Assault Crisis Services 1-888-999-5545 womenfamilies.org ▪ Domestic Violence – Chrysalis: 1-888-774-2900/ 203-238-1501 ▪ Autism Society of CT (ASCONN): 1-888-453-4975 autismsocietyofct.org ▪ 988 Lifeline 988 lifeline.org ▪ SafeSpot CT 800-972-0590 safe-spot.me			
			Updated 10/30/2025

Updated
10/30/2025

211 Infoline



211 is a program of United Way of Connecticut and is supported by the State of Connecticut and Connecticut United Ways.

Contact Information:

- Visit 211ct.org.
- Dial 2-1-1, which connects you to a trained contact specialist 24/7.
- Access Relay services by calling 7-1-1. Anyone who is out-of-state or using Relay can connect to Connecticut 211 toll free by dialing 1-800-203-1234.
- Chat with a trained contact specialist 24/7 by clicking the link at the top right of the website.
- Text CTWARM, CTRECOVERY to 8898211 for resources

What is 211?

211 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone.

Services can Include:

- | | |
|-----------------------|--------------------|
| • Food | Substance Use |
| • Mental Health | Utility Assistance |
| • Healthcare | Crisis |
| • Transportation | Re-Entry |
| • Children & Families | Youth |
| • Kinship | Veterans |
| • Legal Resources | Basic Needs |
| • Older Adults | |



988 is a free, three-digit phone number that connects you to a trained crisis counselor via phone, text, or online chat. Crisis counselors are available 24/7 to support those thinking about suicide, concerned about substance use, worried about a loved one, in need of emotional support, and more.

Choate Rosemary Hall

Location: 333 Christian Street, Wallingford, CT 06492

Contact Information: Melissa Koomson, Director of Community Service
Cheryl Madden, Parent and Community Relations Manager

Phone: 203-697-2652 (Melissa Koomson), 203-697-2933 (Cheryl Madden)

Email: mkoomson@choate.edu / cmadden@choate.edu

Website: www.choate.edu

Services offered:

Local agencies and groups seeking volunteers can reach out for Choate Students to contribute to Wallingford through community service.



Holiday for Giving

Location: 6 Fairfield Blvd, Wallingford CT 06492

Contact:

Phone: 203-294-2175

Email: holidayforgiving@gmail.com

Website: Holidayforgiving.org

Services Offered:

- Holiday for Giving organizes a December event that provides toys to children aged 3-12 and food to families residing in Wallingford, CT.
- Families must submit applications to Wallingford Youth & Social Services for inclusion in the distribution. Applications are available on our website.
- Collection boxes are distributed throughout town.
- Holiday for Giving is a non-profit 501(c)3 charity, as per IRS code. The organization is run by a Board of Directors and volunteers who sort donated toys and food from Wallingford residents. Individuals interested in joining the Board of Directors or volunteering at the December event may email or visit our website.



Midstate Chamber of Commerce

Location: 546 South Broad Street, Suite 2C, Meriden CT 06450

Contact Information: Rosanne Ford, President

Phone: 203.235.7901

Email: r.ford@midstatechamber.com

Website: www.midstatechamber.com

The Midstate Chamber of Commerce has been “leading business and community” since 1896. We are actively involved with economic development and workforce development as well as business attraction, business growth and business retention. We serve and promote all of our member businesses in the region and their communities. Our membership includes 450+ for profit and nonprofit members in the Central CT region. All businesses in the area are welcome to join us.

Services Offered:

- Education (both for businesses and students in our communities)
- \$6,000 - \$9,000 in education awards to area students annually
- Promotion, Networking and Leadership/Advocacy
- Events are held throughout the year and are listed on the website and social media



Quinnipiac Chamber of Commerce

Location: 50 North Main Street, Wallingford CT 06492

Contact: Renee Miller – Executive Director

Phone: (203)269-9891

Email: info@quinncham.com

Services Offered:

The Quinnipiac Chamber of Commerce serves as a vital resource and connector for businesses throughout Wallingford, North Haven, and the surrounding region. As a dynamic business association, the Chamber is dedicated to supporting economic growth, strengthening the local business community, and fostering meaningful relationships among professionals, entrepreneurs, and organizations of all sizes. Through its mission-driven work, the Chamber provides a strong platform for collaboration, visibility, and long-term business development.

Members of the Quinnipiac Chamber benefit from a wide range of services, including marketing and publicity opportunities, grand-opening ribbon cuttings, access to networking events, educational programming, and specialized leads groups focused on business development. The Chamber also plays an active role in advocacy, representing the interests of local businesses at the municipal and state level while helping to shape a thriving regional economy. Whether you are just starting out or looking to expand, the Quinnipiac Chamber offers the tools, connections, and support needed to grow and succeed.



Wallingford Community Women, Inc. (WCW)

- **Location:** Wallingford, CT
- **Contact Information:**
 - Email: wallingfordcommunitywomen@gmail.com
 - Website: www.wallingfordcommunitywomen.org
- **Services Offered:**
 - WCW is a non-profit civic organization that promotes educational, philanthropic and community service work. We are women who volunteer their time to help improve our community. We provide members with opportunities for personal enrichment, leadership and social interaction. We offer a wide range of opportunities to serve alongside kind, caring, compassionate women in a friendly and inviting atmosphere. There are plenty of social events as well which makes building new friendships easier. We also welcome fresh, new ideas!
 - You can become part of an organization that gives back to our community. In addition to supporting our own mission, we work with other local non-profits to help support theirs. Just a few of these include Fostering Family Hope, Spanish Community of Wallingford, Masters Manna, Holiday for Giving, Prom Angels, local domestic violence centers, military services, etc.



Wallingford Early Childhood Alliance Resource and Education

WECARE

WECARE is a local nonprofit. A collaboration of families, schools, community organizations, and individuals to provide high quality early childhood experiences where all Wallingford children feel happy, safe, and loved; and become healthy lifelong learners.

- **Location:** 6 Fairfield Boulevard, Wallingford, CT 06492
- **Contact Information:**
 - Phone: (203) 284-4019
 - Email: contact@wecarewallingford.org
 - Website: www.wecarewallingford.org
- **Services offered:**
 - WECARE works alongside the Wallingford Public Library, SCOW, Youth & Social Services, Wallingford Public Schools and more to provide all Wallingford families and educational providers with the information and resources necessary for their children to be prepared for and successful in school. This information comes from area presenters and professionals during zero cost workshops and informational sessions for parents, families, children and educational providers.



WPAA-TV and Community Media Center

- **Location:** 28 South Orchard, Wallingford (Parking in the front of building)
- **Contact Information:** Susan Huizenga
 - Phone: (203) 294-9722
 - Email: susanadele@wpaa.tv
 - Website: www.wpaa.tv

Services Offered:

- Media resources for people of all ages are available at no charge
- Youth Program: Host site of the award-winning youth-led media program #TeenTigerTV
 - 6 – Week Summer Session: Mid – July thru August (Core Hours Mon-Tues-Wed-Fri starting at 1 pm)
 - More info here: <https://wpaa.tv/teentigertv/>
- Make TV: Mon-Tues-Wed between 6 & 9pm
 - Do you have an idea for a TV show? Or PSA? Or Podcast? We can make that happen.
 - Send ideas and target dates here: reserve@wpaa.tv
- Need a hybrid meeting room?
 - Send request to reserve@wpaa.tv
- Be The Seed Performance: 7pm First Tuesday in May
- Community Media Day Open House: 1-5pm Third Saturday in October
- Art Gallery: Most days from 11am to 6pm
- Humanities Project: Place Yourself In History (until July 4, 2026)
- Upon Request: What We Have Discovered About Moses Yale Beach community conversation/presentations.



BHcare
(Alliance for Prevention & Wellness)

Location: 127 Washington Avenue, 3rd Floor East, North Haven, CT 06473
(BHcare operates multiple locations across the **Valley and Shoreline regions of Connecticut**, Servicing Wallingford and including Branford, Ansonia, and Derby.)

Contact:

- Phone: (203) 800-7177
- Website: bhcare.org

Services Offered:

BHcare is a **Certified Community Behavioral Health Clinic** that provides a comprehensive, integrated system of care for **adults, children, and families** struggling with mental health, substance use, and related challenges. Its clinical services include:

- **Outpatient Psychiatric Care**
Individual, family, and group therapy; diagnostic evaluations; and medication management for behavioral health conditions.
- **Intensive Outpatient Programs (IOP)**
Structured treatment for individuals with serious emotional or behavioral difficulties, incorporating therapy, coping skills, and psychiatric support.
- **Crisis Intervention & Rapid Response**
Urgent evaluation and psychiatric care for individuals and families in crisis situations.
- **Medication-Assisted Treatment (MAT)**
Specialized services for opioid use disorder, combined with counseling and recovery support.
- **Specialized Child & Adolescent Services**
State-licensed clinics offering therapy, psychiatric care, and family support for youth ages 3–18, including programs like *Today's Choices* and school collaboration.
- **Integrated Care & Wellness**
On-site primary care, tobacco cessation, and prevention programs to address whole-person health.
- **Community Support & Recovery Services**
Vocational rehabilitation, supported employment, housing, and social rehabilitation for individuals with mental health and substance use disorders.

Services are designed to be **person-centered**, evidence-based, and accessible, with options for Medicaid/HUSKY and sliding fee scales.

Community Guidance Clinic for Central CT

Location: 384 Pratt Street Meriden, CT 06450

Contact Information: Maria Brereton, CEO/ Chris Watert, Director of Operations

- Phone: (203) 235-5767
- Website: www.cgcentralct.org

Services offered:

- Outpatient Clinical Services
- Offers comprehensive behavioral health and substance use services to children, adolescents and adults.
- Biopsychosocial assessment and development of client centered treatment goals
- Individual, family, and group therapy for children, adolescents, and adults
- Specialized early childhood services including Child Parent Psychotherapy
- Psychiatry and medication management
- Evidence based treatment models including TF-CBT, MATCH, and others
- Training and consultation to schools and community organizations
- EMDR (Eye Movement Desensitization and Reprocessing)
- IPV-FAIR (Intimate Partner Violence Family Assessment Intervention Response)

Bilingual Services - English and Spanish available



Community Health Center, Inc. Mobile Health Unit

Location: 134 State Street Meriden, CT 06450
(Location does vary. Please contact us for Schedule)

Contact Information:

- Phone: (860) 347-6971 ext 3900
- Email: ckp@chc1.com
- Website: www.centerforkeypopulations.com

Services offered:

Community Health Center, Inc. (CHC) is a federally qualified health center that serves communities across Connecticut. With fixed sites across the state, they provide primary care, behavioral health care, dental care, and other specialty services. The closest fixed site to Wallingford is at 134 State St, Meriden. In addition to this fixed site, the CHC Mobile Health Unit meets the community where they are to provide primary care and referral services.

- Primary Care
- Vaccinations
- Women's Health Services
- Health Screenings (A1c, blood pressure)
- Sexually Transmitted Disease Screening
- HIV and Hepatitis C prevention, screening, treatment, and education
- Substance Use Health Services
- Referrals to dental care, behavioral health care, and specialty services

****Contact us for the updated schedule, locations, and to make an appointment.****



**Community
Health Center, Inc.**

A part of the **MOSES/WEITZMAN** Health System

MidState Medical Center

Location: 435 Lewis Avenue, Meriden, CT 06451

Contact Information: Rhea Highsmith, Director

- Phone number: 203.694.8911
- Website: midstatemedical.org

Services Offered:

MidState Medical Center, a 156-bed acute-care hospital, has been serving the communities of central Connecticut since 1998. MidState has a long-standing reputation for high quality care and high patient satisfaction.

Services include:

- general and minimally invasive surgery
- emergency medicine and urgent care
- weight management
- state-of-the-art care dedicated to oncology
- wound care and hyperbaric medicine
- family birthing and maternal fetal medicine
- sleep care
- digestive health
- pain management
- neurosciences and cardiac care

Its satellite offices located in Meriden, Cheshire and Wallingford help bring more accessible outpatient care to those it serves. MidState is proud to boast over 1,200 employees and 350 affiliated physicians and is a member of Hartford HealthCare, Connecticut's largest healthcare system.





Counseling + Fitness = Results

Synergy Health & Wellness combines therapy, fitness, nutrition and wellness services in a single session to optimize mind-body health.

Mental Health Therapy

Licensed therapists provide counseling services in a supportive and empowering atmosphere



Strong Mind, Strong Body

Fitness Training Services

Certified personal trainers and wellness coaches deliver one-to-one support to help clients achieve their fitness goals.



Movement is Medicine

Nutrition Coaching

Our nutrition coaches offer expert guidance and education on healthy eating habits and balanced nutrition.



Mood follows Food

Wellness Services

Enjoy access to our sauna, cold plunge, fitness center, and community events that promote resilience, well-being, and mental clarity.



Clarity and Connection



202 N Plains Industrial Rd, Wallingford, CT 06492
www.synergyhealthwellness.com
203-217-8017
TJ@Synergyhealthwellness.com
IG: @Synergyhealthwellnessllc
FB: Synergy Health and Wellness

Masonicare

- **Location:** 22 Masonic Avenue, Wallingford, CT 06492
- **Contact Information:**
 - Phone: (203) 679-6907
 - Email:
 - Website: www.masonicare.org
- **Services Offered:**
 - A not-for-profit provider for senior living and healthcare services, offering a complete continuum of care tailored to meet the diverse needs of older adults.
 - Services range from independent and assisted living and memory care to skilled nursing, rehabilitation, senior behavioral health, medical and non-medical home health care, hospice, and palliative care.
 - Driven by a mission devoted to service excellence, Masonicare is committed to providing compassionate, personalized care that evolves with the needs of seniors they serve.

****Other Locations Statewide****



**Wallingford Senior Center
The Iris F. Papale Municipal Building
(Wallingford Community on Aging)**

- Location: 238 Washington St. Wallingford, Ct 06492
- Hours: Monday through Friday: 9:00am to 4:00pm
- Contact Information: Ann Zak, Executive Director
 - Phone: 203-265-7753
 - Email: office@wfdseniorctr.com
 - Website: www.wfdseniorctr.com

The mission of the Wallingford Senior Center is to provide services and programs for **adults 60+ of the Wallingford community** that promote their well-being, support their independence, and encourage their involvement in community life.

Services offered:

- Monthly Newsletter for registered members
- Transportation to stores, medical appointments etc. within the Town of Wallingford Monday thru Friday
- Lake View Café and Senior Community Café/ENP daily meal programs, serving breakfast and lunch Monday thru Friday
- RN Nurse part time on site
- Social Service Coordinator on site for Supplemental Nutrition Assistance (SNAP) applications, Medicare/MSP enrollment, Energy Assistance application/information, Counseling/Support Groups, over 60 needs for referrals and assistance.
- Memory Lane-Memory Care Adult Day Care on site, social-model programs.
- Ct Food Share Mobile Pantry on site offering fresh food for the Wallingford community every other week
- The Program Department provides Health and Wellness programs including club 60 fitness center, variety of exercise classes, silver sneaker, renew active, recreational and social activities and lifelong learning activities/classes including professional presentations and day and overnight travel opportunities, Volunteer Tax assistance, AARP Safe Driving.
- Volunteer opportunities are also available.



Columbus House, Inc.

Location: 586 Ella T. Grasso Boulevard New Haven, CT 06519

Contact Information: Bibi Rahamatullah, Manager of Middlesex Emergency Services

- Main Phone: 203-401-4400
- Website: <https://www.columbushouse.org>

Services Offered:

- **Mission Statement**

Columbus House serves people experiencing homelessness or at imminent risk by providing life-saving outreach, shelter, and housing, and by fostering their personal growth and independence. We advocate for and create affordable housing to end homelessness in our communities.

- **Who We Are**

Founded in 1982, Columbus House is a 501(c)(3) nonprofit that has grown from a single adult shelter into a regional provider of shelter, housing, and support services across four Connecticut counties. Today the agency offers emergency shelter, permanent supportive housing, rapid re-housing, homelessness prevention, street outreach, and employment and income services for individuals and families with low or no income who are experiencing homelessness or a housing crisis. Our integrated model connects clients to healthcare, behavioral health services, employment supports, and long-term housing options to help them move toward lasting independence.

- **Services in Wallingford**

Columbus House's Wallingford Emergency Shelter (WES) serves individuals and families experiencing or at risk of homelessness in the Middlesex–Meriden–Wallingford region. The shelter provides a continuum of support that includes emergency shelter, supportive housing, and intensive case management tailored to each household's needs. WES provides assistance year-round to families who have recently transitioned into permanent housing. This includes landlord mediation, coordination with community partners, and ongoing case management designed to help households maintain their housing and avoid returning to homelessness. Across all components, WES offers a pathway from crisis to stability by pairing safe shelter with individualized support that promotes long-term independence.

- The 4-unit year-round family program contains two shelter units and two supportive housing units that serve families with children, including households with a member who has a verified disability. Families receive safe shelter, consistent case management, and help navigate childcare, school enrollment, healthcare, behavioral health resources, and employment opportunities. The program focuses on strengthening stability and ensuring families can successfully transition into permanent housing.

From December through March, WES operates a seasonal overnight shelter for up to 15 single adults who would otherwise face unsheltered homelessness during the winter. Guests are provided with a warm and safe place to sleep, meals, hygiene support, and case management. Staff work with each individual to connect them to housing assistance, healthcare, behavioral health treatment, and employment resources. Local faith-based volunteers play an important role in supporting this program throughout the winter months.



CT Foodshare

Location: 2 Research Parkway, Wallingford CT 06492

Contact Information

Phone: 203-469- 5000

Email: www.ctfoodshare.org

Text FOODSHARE to 85511 for the Mobile Foodshare Locations and Schedule.

Services Offered:

CT Foodshare's mission is to deliver an informed and equitable response to hunger by mobilizing community partners, volunteers, and supporters. Founded in 1982, Connecticut Foodshare is a member of the Feeding America nationwide network of food banks.

CT Foodshare supports individuals and families – from one end of the state to the other by addressing root causes, creating long term solutions, and distributing nutritious food through local partner programs in an effort to alleviate hunger. Our vision is to have a thriving community, free of hunger.

CT Foodshare can provide assistance in completing SNAP applications (scheduling an appt is located on the website).

Connecticut Foodshare's Mobile Pantry provides food at more than 100 locations in a no questions asked, outdoor "farmers market" setting. Items offered typically include fresh produce and other perishable foods.



GLOW FOOD

Location: The Rock Church, 26 Parker Farms Road Wallingford

Contact: Rajan Doering, Administrative Director

- Cell: 203-208-8534
- Website: www.wallnazchurch.org
- Facebook: www.facebook.com/therockct.org

Services Offered:

GLOW connects people and families in need with food. We serve over 100 families each week. The need for community support is ever-increasing!

First Come, First Serve! No advanced sign up or prerequisites needed!

Distribution: Fridays 4:00p to 5:00p

Reach out if interested in [volunteering](#).



Master's Manna

Location: 428 South Cherry Street, Wallingford CT 06492

Contact Information: Nancy Stockman, Executive Director

- Phone: 203-678-3042
- Email: office@mastersmanna.org
- Website: mastersmanna.org

Services Offered:

Food Pantry – by appointment

- Monday 3:00 – 6:00
- Tuesday 9:00 – 1:00
- Wednesday 3:00 – 7:00
- Thursday 9:00 – 1:00

Family Dining Room

- Tuesday 9:00 – 1:00
- Wednesday 3:00 – 6:30
- Thursday 9:00 – 1:00

Clothing Distribution - 340 Quinpiac Street

- 1 – 2 times per month (dates and times are posted at Master's Manna)



Wallingford Housing Authority

Location: 45 Tremper Drive, Wallingford, CT 06492

Contact Information:

Phone: 203-269-5173

Website: www.wallingfordha.com

Services Offered:

Affordable housing to families, seniors and young disabled adults.



**WALLINGFORD
HOUSING AUTHORITY**

Coalition For a Better Wallingford

Location: 136 Center Street, Wallingford

Contact: Dianne Mark, Executive Director

- Phone: 203-464-7528
- Email: programdirector@cbwlfld.org / youthoutreach@cbwlfld.org
- Website: www.cbwlfld.org

Services Provided:

- Narcan Training
- CPR and First Aid Training
- Parent Education Prevention Workshops
- Prevention Elementary Art Group – Saturdays 10:30am – 12:00pm
- Prevention Teen Art Group – Saturdays 12pm-1pm
- Teen Girls Empowerment Initiative (TBD)
- Tutoring – Free call for an appointment
- Events that include Community Day, Night of Remembrance, Red Ribbon Week and Festival of Trees.
- Basic Resume Writing/Building Job Search Skills
- Driving 101 for Teens

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TriCircle
(TriCircle Corporation)

- **Locations:** 116 South Main Street, Wallingford CT
- **Contact Information:** Ana Gopoian (Founder, Executive Director)
 - Phone:
 - Office: (860) 349-7074
 - Cell: (203) 213-0329
 - Email:
 - Website: www.tricircle.org
- **Services Offered:**
 - Weekly Hope & Support & Hope Groups for individuals, families and communities that is or has been affected by addiction.
 - Weekly Hope After Loss Groups for individuals, families and communities that have had a loved one(s) die due to a drug related passing.
 - Weekly SMART Recovery Groups (English) and monthly Alternative Peer Groups (APGs) (English)
 - Weekly SMART Recovery Family & Friends Groups (English)
 - Memorial Scholarship Fund
 - Memorial Quilt Square Project
 - Hope & Support Self Care Retreat
 - Hope After Loss Self Care Retreat
 - Clinical Services, taking most commercial insurance
 - Monthly Setback Community Card Games
 - Fun with monthly community engagement opportunities, training, and many organizational collaborations.



We Provide the Tools to Build Strong Futures



WALLINGFORD

C O N N E C T I C U T

Town of Wallingford

- **Location:** Town Hall, 45 South Main Street, Wallingford, CT 06492
- **Contact:**
 - Email: towngov@wallingfordct.gov
 - Website: www.town.wallingford.ct.us

<u>Department</u>	<u>Location</u>	<u>Phone Number</u>
Animal Control	5 Pent Road	(203) 294-2181
Assessor	Town Hall	(203) 294-2001
Building	Town Hall	(203) 294-2005
Economic Development	Town Hall	(203) 294-2062
Engineering	Town Hall	(203) 294-2035
Finance	Town Hall	(203) 294-2040
Government TV	6 Fairfield Boulevard	(203) 294-2199
Health	Town Hall	(203) 294-2065
Inland Wetlands	Town Hall	(203) 294-2093
Law	Town Hall	(203) 294-2140
Mayor	Town Hall	(203) 294-2070
Parks and Recreation	6 Fairfield Boulevard	(203) 294-2120
Personnel	Town Hall	(203) 294-2080

Planning and Zoning	Town Hall	(203) 294-2090
Probate	Town Hall	(203) 294-2100
Program Planning	Town Hall	(203) 294-2060
Purchasing	Town Hall	(203) 294-2115
Registrar of Voters	Town Hall	(203) 294-2125
Risk Management	Town Hall	(203) 294-2130
Tax Office	Town Hall	(203) 294-2135
Town Clerk	Town Hall	(203) 294-2145
Town Council	Town Hall	(203) 294-2155
Veterans Service Center	Town Hall	(203) 294-2165
Youth and Social Services	6 Fairfield Boulevard	(203) 294-2175

Utilities

Public Works	100 John Street	(203) 294-2020
Electric Division	100 John Street	(203) 294-2020
Water and Sewer	377 South Cherry Street	(203) 949-2660

Town Emergency Services

Fire	75 Masonic Avenue	(203) 294-2730
Fire Prevention Bureau	75 Masonic Avenue	(203) 294-2766
Police	100 Barnes Road	(203) 294-2800
Public Works Emergency (after-hours)	100 John Street	(203) 265-5055

Wallingford Adult Education

Location: 4 Fairfield Blvd, Wallingford

Contact Information: Dr. Anthony Mangiafico, Director

Phone: (203) 294-3900

Email: AMangiafico@wallingfordschools.org

Pamela Andersen, Tech Coordinator / Family Literacy Instructor

Phone: 203.294.3906

Email: PAnderсен@wallingfordschools.org

Office email: wallingfordadulsted@wallingfordschools.org

Website: WallingfordAdultEd.org

Services Offered (Wallingford, Berlin, and Cheshire):

English as a Second Language

Family Literacy classes

Citizenship classes

High School Diploma completion (3 options)

Credit Diploma Program (CDP)

National External Diploma Program (NEDP)

General Educational Development (GED)

Adult Basic Education

Other Services Offered:

Medical Program classes (Certified Nurse Assistant, Dental Assistant,
Medical Assistant, Phlebotomy)

Enrichment/General Interest classes (in-person and online)





Wallingford Fire Department Office of the Fire Marshal

CONTACT

Tel: (203) 294-2766

Email: firemarshal@wallingfordfd.com

The mission of the Office of the Fire Marshal is to reduce and prevent fires, explosions, hazardous material releases, and other preventable hazards through community risk reduction including Education, Enforcement, Engineering, Economic Incentives and Emergency Response.

In order to fulfill this mission, the Office of the Fire Marshal:

1. **Education**: Provides public fire and life safety education programs with the Town of Wallingford.
 - Connecticut Fire Prevention Poster Contest
 - Annual program for 4th and 5th graders to promote fire safety through their own messaging and artwork for the theme "Fire Prevention - Everyone/Everyday".
 - OFM College Internship Program
 - Hands-on training provided in public fire safety education, fire inspections, fire investigations, and plan reviews.
 - Public Fire and Emergency Medical Education and Community Outreach provided jointly with the WFD Fire/Rescue/EMS Divisions
 - Touch-A-Truck, Firehouse Tours, Fire/Smoke Demonstrations, Training Classes, Lectures, Community Events
 - Wallingford Youth Fire Prevention & Intervention Program
 - The Start Safe Fire Safety Program by Safe Kids Worldwide - Daycares recognized by the OFM
 - Wallingford Senior Fire Prevention & Intervention Program
 - NFPA Steps to Safety Program that includes: Community Presentations and Home Safety Visits
2. **Enforcement**: Investigates the origin and cause of fires and explosions, inspects buildings and hazardous materials, and enforces open burning as governed by the Connecticut General Statutes and Code of the Town of Wallingford.

3. **Engineering**: Conducts site, building, and fire protection systems plan reviews to determine compliance with the Connecticut General Statutes and Code of the Town of Wallingford.
4. **Economic Incentives**: Offers a Smoke Alarm Program through a cooperative partnership with the American Red Cross for Wallingford residents.
 - 1 and 2 family houses and owner occupied 3 family dwellings within the Town of Wallingford are eligible to have free battery operated smoke alarms installed by the American Red Cross. Rental properties or condominiums should contact their landlord or property owner's association for smoke alarms. The Smoke Alarm Program Request Form shall be completed and emailed to firemarshal@wallingfordfd.com or return to the WFD OFM.
5. **Emergency Response**: Receives and reviews LEPC Tier II Reports and Hazardous Materials Surveys for emergency response preparedness. Evaluates Emergency Action Plans and assists with drills for buildings and events governed by the Connecticut General Statutes.



Wallingford Health Department

- **Location:** Wallingford Town Hall, 45 S. Main St., Room 215, Wallingford, CT 06492
- **Contact information:** Vanessa Bautista (Health Director)
 - Phone: (203) 294-2065
 - Email: health@wallingfordct.gov
 - Website: <https://www.wallingfordct.gov/government/departments/health-department>
- **Services offered:**
 - Environmental Health Services
 - Food Establishment Permitting, Inspections, and Plan Reviews
 - Certified Food Protection Manager Training
 - Personal Services Establishment Permitting, Inspections, and Plan Reviews
 - Public Swimming Pool Registration & Inspections
 - Day Care Inspections
 - Subsurface Sewage Disposal System Permitting
 - Permit to Construct
 - Permit to Discharge
 - Subsurface Sewage Disposal System Inspections
 - Site Inspections
 - Soil Testing/Percolation tests
 - Subsurface Sewage Disposal System Plan Reviews
 - Drinking Water Well Permitting
 - Drinking Well Water Test Result Review
 - Public Health Nuisance Complaints
 - Lead Risk Assessments
 - Radon Training and Testing
 - Health Education Services
 - CPR & First Aid Training
 - Hands-On CPR Training
 - NARCAN Training
 - AED Training

- QPR Training
- Flu Vaccine Clinics
- Matter of Balance Fall Prevention for Seniors
 - Fall Prevention Guides and Fall Risk Assessments
- Community Health Education Workshops
- Education Chronic Disease Management Programs
- Mental Health Promotion
- Community Health Program Planning
- Health Statistics, Surveillance & Monitoring
 - Respiratory Disease Reports
 - Lyme Disease and West Nile Virus Surveillance
 - Communicable Illness Investigation
 - Blood Lead Level Monitoring for Children under 6 years of age
- Emergency Preparedness
 - Creating and maintaining public health emergency response plans, trainings, exercises, and drills
 - Call Down Drills
 - Tabletop Exercises
 - Point of Dispensing (POD) Area
 - Emergency Sheltering Exercises
 - Extreme Weather Preparedness (Hurricane, Winter Storm Safety Checklists)
 - Volunteer Management CERT and MRC
 - Multi-agency collaboration

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Wallingford Public Library

Location: 200 North Main Street, Wallingford

Contact Information: Sunnie Scarpa, Director

Phone: (203) 265-6754

Website: www.wallingfordlibrary.org

Services Offered:

Borrower Services Department:

- Get a library card for free with your photo ID and proof of Wallingford residency
- Use your Wallingford Public Library card in any public library in Connecticut
- No late fees for most items
- Request items from any LION library (30+ member consortium) for pickup at Wallingford
- Explore our digital library of e-books, e-audiobooks, digital magazines and streaming movies, music and TV series

The Children's Department:

- Geared to families with children from birth through fifth grade.
- We offer a range of free programs, as well as books, movies, and toys for check out.
- Storytimes for kids birth - age 5
- After school and weekend programs for kids in Kindergarten through 5th grade
- Help finding the "just right book" for growing readers
- Bilingual Homework Help for students up through 5th grade
- Internet computers for children and their caregivers, including the ability to print
- Touch screen computers pre-loaded with educational games for preschoolers (no internet or printing capabilities)
- Large play area for children with caregivers that includes a play kitchen, train table, and puppet theater
- A rotating collection of STEM toys to explore with a caregiver in our Wonder Room

The Collaboratory:

Library's makerspace, coworking space, and digital media lab.

- Our skilled team will help you get started on a wide variety of creative projects utilizing high-end equipment, state-of-the art computers, and traditional arts and craft supplies.
- Customizing goods using our laser cutter, vinyl cutters, sublimation printer, or embroidery machine
- Poster, banner, and photo printing
- Digitizing VHS tapes, slides, and other obsolete formats

Tech Connect:

- Free service staffed by digital navigators who will teach you what YOU want to do on your devices.
- Call us today at (203) 626-4774 to meet with a digital navigator and learn what you've been missing.
- One-on-one customized technology training in English or Spanish
- Assistance signing up for discounted home Internet connectivity
- Long-term loan of your very own computer



Wallingford Youth & Social Services (YSS)

Location: 6 Fairfield Blvd, Wallingford, CT 06492

Contact: Mandy Miranda, Director

- Office: 203-294-2175
- Website: www.wallingfordct.gov/government/departments/youth-social-services
- Facebook: Town of Wallingford Youth & Social Services
- Instagram: ysswallingford

Services Offered:

Assistance Programs

- Emergency Assistance
- Food Assistance (*Referral Source*)
- Energy Assistance
- Information and Referral Services
- Assist Clients with Assistance Applications
- Generation Power CT intake site (*formerly Operation Fuel*)
- Holiday Assistance
- Youth Program and Sports Scholarship Program

Community-Wide Activities/Programs

- Wallingford Project Graduation Celebration (high school seniors)
- Celebrate Wallingford
- Holiday for Giving
- Red Ribbon Week (October-substance use prevention)

Counseling

- Drug and Alcohol Counseling and Education for youth, families and adults
- Counseling for Children & Youth under the age of 18 & their families
 - Special Education and 504 Family Support
- Licensed Clinical Social Worker on staff (works with all ages)
- Individual, Family and Group sessions available
- Support Groups
 - Hope and Support Group (First and Third Monday each month 7-8:30p in person at 8 New Place Street, Wallingford)
 - Bereavement Group (First Monday each month, 7-8p on Zoom)
 - Parental Support Groups

****Referrals provided to additional counselors in the area or other local/state programs**

Youth Services

- Alternative to Suspension Program
- Babysitting Course
- Wallingford Juvenile Diversion Program (for children under the age of 18 involved in criminal/non-criminal matters)
- Project Graduation Celebration (*high school seniors*)
- Safety/Prevention Programming
- Summer Youth Employment Program
- Youth Awards
- Presidential Student Service Awards
- Local Community Recognition
- Volunteer Opportunities
- Bike Safety Information/Town Wide Bike Rodeos
- Youth Job Bank (*helping your neighbor!*)
- Wallingford Youth Fire Prevention and Intervention Program
- Wallingford Youth Leadership Program
- Parent/Child Playgroups (*English & Spanish*)
 - Playful Cruisers (*located at Youth & Social Services, 6 Fairfield Blvd, Wallingford*)
 - Bebe Activos (*located at Spanish Community of Wallingford, 284 Washington St, Wallingford*)
 - **Note:** *The Town of Wallingford is not licensed with the Office of Early Childhood and is not required to do so.*

Educational Programs

- Multi-Media Safety (Social Media use, Cell phone use, Internet use)
- Bullying and Cyberbullying
- Anger Management
- Conflict Resolution
- Legal Consequences Education
- Coping Skills/Self-Care
- Substance Use Prevention Education (*for adults and youth*)
- Bike Safety/Road Safety Education



Know How to Go South Central CT (River Valley Transit)

Location: 91 North Main Street, Middletown CT 06457 (office)

Towns Served

Know How to Go SCCT serves the towns of Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, East Haven, Essex, Guifford, Haddam, Hamden, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Lyme, Old Saybrook, Orange, Portland, **Wallingford**, West Haven, Westbrook and Woodbridge.

Contact: Laurie McElwee, Mobility Manager

- Office: 860-510-0429 ext 119
- Email: lmcelwee@estuarytransit.org
- Website: rivervalleytransit.com

Services Offered:

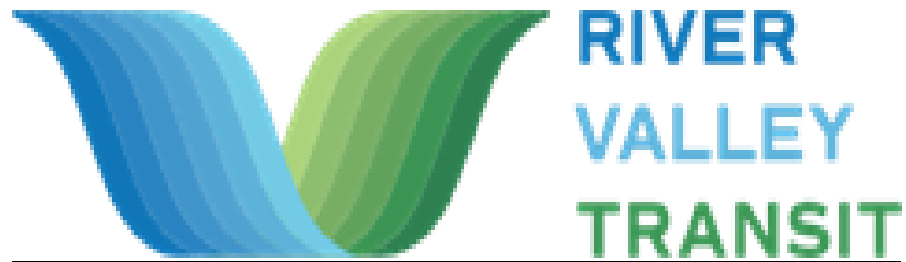
Know How to Go South Central CT is the mobility management program for the 32 towns of the South-Central region. Mobility management is an innovative, customer-focused approach for managing and delivering coordinated transportation services to older adults, people with disabilities and people with low incomes. Mobility management focuses on meeting individual customer needs through a wide range of transportation options and service providers. It also focuses on coordinating these services and providers to achieve a more efficient transportation service delivery system.

Mobility management involves:

- Developing an inventory of available services
- Identifying customer needs
- Developing strategies to meet customer needs
- Coordinating financial and other resources
- Improving coordination through transportation brokerage systems
- Promoting the use of innovative technologies, services, and other methods to improve customer service and coordination
- Developing customer information and trip planning systems

Mobility managers serve as policy coordinators, operations service brokers, and customer travel navigators. They coordinate transportation services among all customer

groups, service providers, and funding agencies. Also, work with human service agencies and workforce centers that coordinate the travel and trip planning needs of individuals who receive human service program assistance.



Boys & Girls Clubs of Greater New Haven

(Ulbrich Clubhouse of Wallingford)

- **Location:** 72 Grand Street, Wallingford, CT 06492
- **Contact Information:** Jermaine Mitchell, Jr. (Unit Director)
 - Phone: (203) 491-1229 ext. 118
 - Email: jmitchell@bgcgnh.org
 - Website: <https://bgcgnh.org/ulbrich-wallingford/>
- **Services offered at Wallingford Site:**
 - K-8 After-school Program: Monday - Friday (3:00-6:00 PM)
 - Summer Camp Program: Monday - Friday (8:00 AM-5:00 PM) Start date varies.
 - Ulbrich Travel Basketball (Grades 4th - 8th)
 - Middle School Students Only
 - Torch Club: A Torch Club is a powerful vehicle through which young people develop and strengthen their 21st-century leadership skills, giving them a firm foundation of good character and integrity. Torch Club members elect officers and work together to implement projects in the four focus areas: service to Club and community; education; health and fitness; and social recreation.
 - Open Club Hours: On Fridays from 6:00 - 8:00 PM we host "Tween Nights" where middle school-aged residents can visit the club for free and participate in an open gym, play video games, socialize with their friends, and more.
 - High School Students Only
 - Keystone Club: Supports high school students in developing skills needed in the workplace, creating resumes, practicing interviewing, and supporting academic success. A portion of the program is dedicated to exploring life after high school, including how to apply to college and trade schools, and how to apply for financial aid.



BOYS & GIRLS CLUBS
OF GREATER NEW HAVEN

Literacy Volunteers of Central CT

- **Location:** 20 High Street, New Britain CT 06051
- **Contact Information:** Ron Sheffer (Executive Director)
 - Phone: (860) 229-7323
 - Fax: 860-826-5191
 - Website: www.literacycentral.org
- **Services offered:**
 - Literacy Volunteers of Central CT is a tutoring program for adults. We provide free ESOL (English for Speakers of Other Languages) classes for adults who want to learn English, citizenship classes for people studying for the citizenship test, and basic literacy classes (for people who speak English but need help with reading and writing). Students are taught by volunteer tutors one-on-one or in small groups. Classes typically meet once a week for two hours at a time convenient for you (morning, afternoon, or evening), and tutoring takes place at the Wallingford Public Library or other public locations in the community.

Helping adults and families to improve their lives through literacy.



Spanish Community of Wallingford (SCOW)

Location: 284 Washington Street, Wallingford, CT 06492

Contact Information: Adriana Rodriguez, Executive Director

- Phone: (203)265-5866
- Email: arodriguez@scowinc.org
- Website: www.scowinc.org

Services offered:

SCOW offers a wide range of services designed to support individuals and families in our community. Our team provides referrals to local resources, assisting clients in accessing the programs and support systems they need. We also offer interpretation and translation services, as well as notarization, to help community members navigate important documents and communications with confidence.

In addition to our direct services, SCOW delivers a variety of classes and programs for children, youth, and adults. These educational and skill-building opportunities are thoughtfully designed to promote confidence, independence, and personal growth. Through language classes, cultural and enrichment programs, youth development activities, and adult education workshops, we strive to create pathways for learning and empowerment for people of all ages. SCOW also has an emergency basic needs program to ensure that individuals receive assistance when they need it most.

Together, our services and programs reflect SCOW's commitment to strengthening the community, fostering resilience, and helping every individual reach their full potential.

Mission

Respond to the needs of the Latino Community by assisting them to succeed in U.S. society and to enable Latinos to maintain and share their rich varied cultures with the broader community.



United Way of Meriden Wallingford

- **Location:** 35 Pleasant Street, Meriden 06450
- **Contact Information:** Maria Harlow (Executive Director)
 - Phone number: (203) 435-4403
 - Website: www.unitedwaymw.org

Mission:

“To mobilize resources to create lasting change.”

Our Focus

We invest financial and human resources in programs and services that support struggling families, helping them achieve financial stability and a brighter future.

Our Programs

PowerUp

A workforce initiative designed to help motivated Meriden and Wallingford residents transition from unemployment or underemployment to sustained employment. Workforce Navigators provide personalized, wraparound support in partnership with local nonprofits.

The Volunteer Center:

Bringing the community together during the holiday season through initiatives like: Thanksgiving Food Basket Drive, Adopt-a-Family, and The Giving Tree.

- **Stamp Out Hunger Food Drive:** Partnering with the National Association of Letter Carriers, this annual event collects non-perishable food items on the second Saturday in May to benefit local food pantries. Leave donations in a bag near your mailbox, and your letter carrier will collect them.
- **Week of Action**
Support families in need by participating in drives for food, toiletries, and school supplies, or engage in meaningful community activities.
- **Day of Caring**
Collaborate with corporate partners and local organizations to complete impactful community projects such as: Painting, landscaping, cleaning, building shelves, etc.
- **VITA (Volunteer Income Tax Assistance)**
Providing free tax preparation for eligible residents during tax season at the Meriden Public Library, the Wallingford Public Library, and the Spanish Community of Wallingford.

Information & Referral

Year-round assistance for residents facing hardship, offering direct support or connections to critical services and community resources.

Alice Advocacy

ALICE (Asset Limited, Income Constrained, Employed) is a data-driven initiative revealing financial hardships beyond traditional poverty measures. We work with Connecticut United Ways to raise awareness and advocate for solutions that help all individuals thrive.



Wallingford YMCA

Location: East Side (81 South Elm Street, Wallingford)
West Side (8 North Turnpike Road, Wallingford)

Contact Information: Sean Doherty, Executive Director

- Phone: 203-269-4497
- Email: sdoherty@wallingfordymca.org
- Website: www.wallingfordymca.org

East Side Branch Amenities

- 4,000 sq foot fitness center stocked with Precor equipment, free weight area & more
- Over 20 group fitness classes per week including group cycle & aqua fitness classes
- Full basketball court and a Racquetball court
- 4 lane (25 yard) lap pool
- Warmer therapy pool
- Family & youth gym

Preschool, Youth, Teen, Adult & Active Older Adult Programs

Current brochure available at our Welcome Centers and online at www.wallingfordymca.org

- Child Watch
- Youth Sports Classes, Swim Lessons for all ages & abilities
- Dolphins Swim Team and Orcas Master's Swim Team
- Silver Sneakers®, Silver & Fit and Renew Active programs
- Indoor Pickleball
- Upward Bound Youth & Teen Outreach
- Fit to Go program to fight childhood obesity
- Live STRONG at the YMCA cancer survivor program
- Healthy Hearts Phase IV Cardiac Rehab program
- Friday Night Out, Youth Night, and more
- Camp Ulbrich, Y-Cation, and Storm Club
- American Red Cross Training

Child Care

- YMCA Learning Communities at Choate Rosemary Hall & Masonicare for ages 8 wks to 5 yrs
- School Age Growth & Enrichment Before & After School at each of the 8 elementary schools
- Enrichment & Leadership for Middle School After School at the YMCA.

West Side Branch Amenities

- Hammer Strength, Life Fitness & Precor sectorized circuits and free weight training areas
- Functional Fitness Zone, equipped with a Matrix Double Mega Rack, Jonny G Krankcycle, Rogue Infinity rig & deadlift platform, bumper plates, slammer kettlebells, and more
- Stretching & abdominal training rooms
- Over 50 group fitness classes per week including Zumba®, Les Mills BodyPump®, Yoga, and more
- Over 60 pieces of cardiovascular equipment
- Half basketball court

Special Events:

- Fishbein/YMCA Community Road Race - 5K, Youth Race & 1 Mile Walk charitable event
- Annual Wine Dinner charitable event
- Senior Seminars & Community Health Fair
- Safety Around Water program
- Healthy Kids Day, Grand Gala, Scuba Santa, Easter Egg-stravaganza, Halloween Party.

Classes and Activities are NOT LIMITED to Wallingford Residents and/or YMCA Members. The Wallingford Family YMCA is a Charitable Organization with Volunteer Opportunities.

Financial Assistance Available



**WALLINGFORD
FAMILY YMCA**

