



Vincent Cervoni  
Mayor

## OFFICE OF THE MAYOR

TOWN OF WALLINGFORD  
CONNECTICUT

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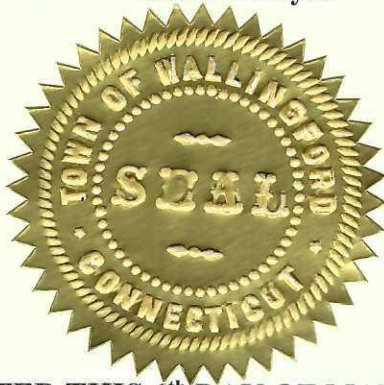
### PROCLAMATION

- Whereas,** the Town of Wallingford is committed to fostering a vibrant, active, and healthy community for all who live, work, and play here. Ensuring that residents have access to safe opportunities for physical activity is essential to the long-term health of our community; and
- Whereas,** across the nation, many children and adults face increasing rates of chronic health conditions, and too few achieve the levels of daily physical activity recommended for good health. Regular physical activity, including something as simple and enjoyable as bicycling, helps prevent chronic diseases, supports healthy aging, and improves overall quality of life. Active communities also see added benefits such as stronger local economies, safer streets, and more connected neighborhoods; and
- Whereas,** biking provides an accessible way for families and individuals to be active while traveling to local destinations. When our community is welcoming and safe for biking, it becomes easier for everyone to enjoy outdoor recreation, reduce transportation barriers, and experience the many physical and mental health benefits of movement; and
- Whereas,** the Centers for Disease Control and Prevention's Active People, Healthy Nation initiative encourages communities across the country to boost physical activity by using evidence-based strategies that improve the safety and appeal of walking and biking. Wallingford supports these efforts and is committed to making lasting improvements that encourage active living.

**NOW, THEREFORE, I, Vincent Cervoni, Mayor of the Town of Wallingford do hereby proclaim**  
May as:

**National Bike Month**

in our community. We encourage all residents to participate in bicycling activities, explore our local streets and trails, and join in celebrating the many benefits of an active lifestyle.



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**DATED THIS 6<sup>th</sup> DAY OF MAY, 2026**  
Wallingford, Connecticut