



# Family Support Group

*Held monthly at  
Masonicare Health Center*

When a loved one moves to a Long-Term Care facility, it can be an emotional journey for family members, as well.

Coping with conflicting feelings of guilt and relief are common struggles, as well as knowing how to respond to difficult questions, or making the most of visits to their love one's new home.

**Participating in our Family Support Group can help.**

*Meeting Date:* This group meets the 2<sup>nd</sup>  
Tuesday of each month

*Time:* **6:00 p.m. to 7:00 p.m.**

*Location:* **Masonicare Health Center**  
1<sup>st</sup> floor Board Room

*Facilitators:* Fran Goldberg Cohen &  
Audrey Grove

*No cost or RSVP required.*

For more information, please call  
the Masonicare HelpLine at 888-679-9997

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