



# Wallingford Board of Health Meeting

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June 11, 2025 – Town Hall,  
Room 315



# Agenda

- 1. Call to Order
- 2. Approval of Minutes – March 5, 2025
- 3. School Health
- 4. Director's Report – Vanessa Bautista
  - a. Health Statistics/Infectious Diseases (Anne Bernick)
- 5. Next Meeting – September 3, 2025
- 6. Adjournment

# Wallingford Board of Health

45 South Main Street, Town Hall, Rm 315

## Minutes of March 5, 2025

### Call to Order:

The meeting was called to order at 8:35 a.m. by Vanessa Bautista, Director of Health.

### Present:

Mayor Cervoni, Dr. Delbert Smith (Medical Advisor), Kathy Neelon, Adriana Rodriguez, Tracey Weeks, Katie Nemeth, and Isaac Cardona.

### Excused:

Len Guercia

### Guests:

- Anne Bernick, Public Health Nurse
- Michelle Silva, Public Health Educator / PHEP Coordinator
- Aimee Turner, Assistant Superintendent, Special Education and School Nurse Oversight

## Approval of Minutes

The draft minutes of the December 4, 2024, meeting were reviewed and approved as distributed. A motion to approve the minutes was made by Isaac Cardona and seconded by Mayor Cervoni. The motion passed unanimously.

## Agenda Items

### School Health Update (Aimee Turner)

- Routine AED checks have been completed in schools.
- Teams with new members will undergo CPR/AED training.
- Reviewed the number of nurse visits, concussions, and lice incidents within the schools.
- The Lions Club will collaborate with schools to conduct vision screenings.
- The Board of Education (BOE) received a grant from the Department of Mental Health and Addiction Services (DMHAS) to implement Question, Persuade, Refer (QPR) training for BOE staff.
- Discussion on community leadership training in collaboration with multiple agencies.

### Director's Report (See Attached)

#### Infectious Diseases (Anne Bernick)

- Respiratory disease statistics were presented.
- COVID-19 Cases: January – 89, February – 32.
- RSV Cases: January – 177, February – 215.

### Influenza Cases:

- January 2024 – 50 cases | January 2025 – 177 cases.
- February 2024 – 59 cases | February 2025 – 215 cases.
- Discussion on the Avian Flu and the significant increase in influenza cases compared to the previous year.

### Environmental Health

- Reviewed environmental health data from the 2024 annual report.
- Discussed the decline in inspections over the past few years.
- Emphasized the need for a full-time Sanitarian.
- Noted the challenges with the current digital inspection tracking system, which is no longer functioning properly, highlighting the need for an upgraded system.

### Public Health Emergency Preparedness & Response

- Continued participation in monthly Medical Reserve Corps (MRC) and Emergency Support Function 8 (ESF-8) meetings.
- CPR/AED training courses conducted for Lyman Hall High School, Youth & Social Services (YSS), Town Hall employees, and community members.

### Community Outreach & Health Education

- Reviewed community outreach events and health education trainings from the 2024 annual report.
- Noted that the Community Health Improvement Plan (CHIP) was completed in December 2024, based on findings from the 2023 Community Health Assessment.

### Community Partnerships

- Adriana Rodriguez, Director of the Spanish Community of Wallingford (SCOW), announced that a mobile health unit will be stationed at SCOW every Friday from 9:00 a.m. to 12:00 p.m. starting March 7.

### Public Health Policies

- Updates on ongoing revisions to the subsurface sewage ordinance.
- Discussion on the rationale behind the lead prevention ordinance, which has been drafted and sent for legal review.

### Competent Workforce & Development

- Reviewed all workforce development initiatives outlined in the Director's report.

### Administrative Updates

- Office renovations have been completed.
- Discussed how the Opioid Settlement funding will support a mental health initiative, including an online platform to address substance misuse, recognizing the correlation between mental health and substance use disorders.

### Adjournment

A motion to adjourn was made by Isaac Cardona and seconded by Mayor Cervoni. The motion passed unanimously. The meeting was adjourned at 9:14 a.m.

### Next Meeting:

June 4, 2025

Respectfully Submitted,

*Vanessa Bautista*

Vanessa Bautista, RS, MPH  
Director of Health





*Town of Wallingford, Connecticut*  
*Health Department*

Vanessa Bautista, M.P.H., R.S.  
Director of Health

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**Wallingford Board of Health**  
**Director's Report for June 11, 2025**

**1. Infectious Diseases (Anne Bernick)**

- Respiratory Diseases
- TB

**2. Environmental:**

- Review environmental health data (March–May 2025) see summary table in PowerPoint presentation

**3. Public Health Emergency Preparedness (PHEP):**

- CERT, MRC, PHEP and ESF 8 meetings
- First Aid, CPR and AED Courses
- AEDs donation from In a Heartbeat Foundation
- Crisis Communication TTX at Fairfield University
- MRC Mission Sets TTX
- DEMHS Region 2 Mass Care TTX in New Haven
- Participated in Hanover Pond emergency preparedness exercise

**4. Community Outreach:**

- Narcan Training for the Public
- Tick Safety Video
- SCOW: 9<sup>th</sup> Annual International Celebration
- YMCA Water Safety Proclamation Ceremony
- Ongoing participation in community-based coalitions and advisory meetings

**5. Community Partnerships:**

- EKG screening with YSS, YMCA, and In a Heartbeat Foundation
- CHC Mobile Health Unit partnership
- Collaborating with YSS to provide QPR suicide prevention training for the public
- Exploring joint MRC/CERT meetings to boost engagement

**6. Public Health Policies:**

- Lead Standards (Public Act 22-49)

**7. Maintain a competent public health workforce:**

- Anne Bernick recognized as the 2025 CT Association of Public Health Nurses – Public Health Nurse of the Year
- 1 staff member completed the CPR/AED Instructor course.
- 3 staff members completed Lead Refresher Training with DPH
- 2 staff members attended the CAHCEO annual meeting
- 1 staff member completed Opioid overdose prevention and Narcan Training, PER-406 Mass Care-Shelter and Relocation Capacity Building, Stop the Bleed, CPR Instructor Training and IS-800: National Response Framework.
- 3 staff members completed the lead refresher with DPH
- 2 staff members attended the CT Emergency Management Symposium
- 2 staff members attended the CT Health Care Coalition Conference
- 1 staff member attended the NACCHO PHEP Conference
- 4 staff members attended the CT Association of Public Health Nurses annual conference
- 2 staff members completed the Bingocize facilitator training
- PH Nurse provided MOB coach training to HD staff member and 2 other local HD employees.
- 2 staff members attended CT Suicide Prevention Conference

- 1 staff member completed the Falls Free CT-Steps to Safety-online and in person training

**8. Administrative:**

- ELC 2 (Epidemiology and Laboratory Capacity Cooperative Agreement Funding)
- Opioid Settlement Funding
- Public Health Workforce Development Grant

Next Meeting: September 3, 2025

Respectfully Submitted,

*Vanessa Bautista*

Vanessa Bautista, RS, MPIO  
Director of Health

# 1. Infectious Diseases

- Update from Anne Bernick on TB and respiratory illnesses.

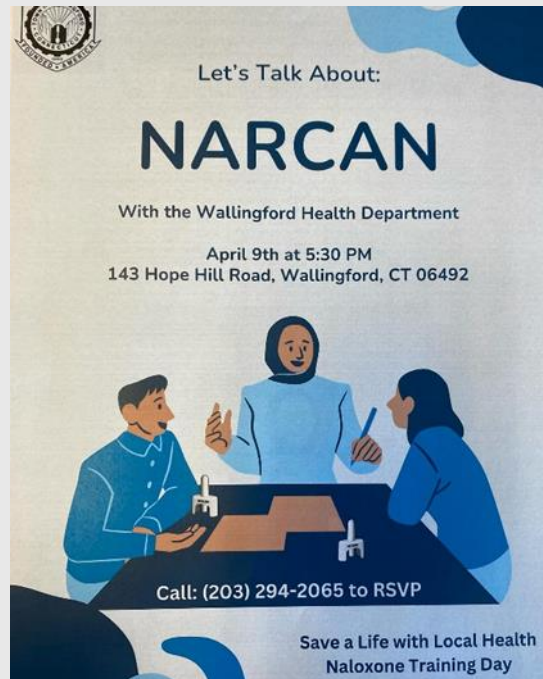
## 2. Environmental Health

Environmental Inspections	3/1/2025 – 05/31/2025
Food (293 Establishments, 13 Temp Events)	123
Cosmetology (112 Establishments)	6
Day Care (31 Establishments)	2
Pool (20 Public Pools)	13
On-Site Lead Inspections	2
Soil Testing	2
Septic	8
Well	1
B-100A Change of Use	4
Complaints	3/1/2025 – 05/31/2025
Total Public Health Nuisance Complaints Received	33
Total Complaints Resolved	25

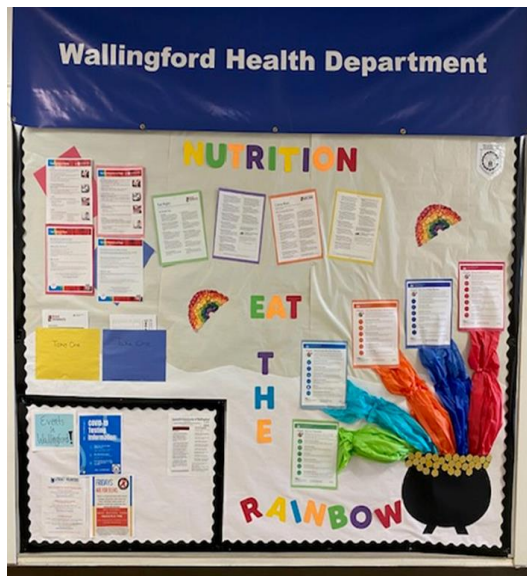
### 3. Public Health Emergency Preparedness (PHEP)



## 4. Community Outreach







# Health Bulletin Boards



## 5. Community Partnerships



### Cardiac Screening Program

**CLEARED BY PPE**

			
<b>Waseeq</b> 1994 - 2009 Hypertrophic Cardiomyopathy	<b>Dominic</b> 1998 - 2009 Ectopic Origin of Right Coronary Artery	<b>Jenny</b> 1991 - 2008 Anomalous Coronary Artery	<b>Cody</b> 1993 - 2012 Idiopathic Left Ventricular Hypertrophy

**Standard Sports Physicals Don't Protect  
Young Hearts**



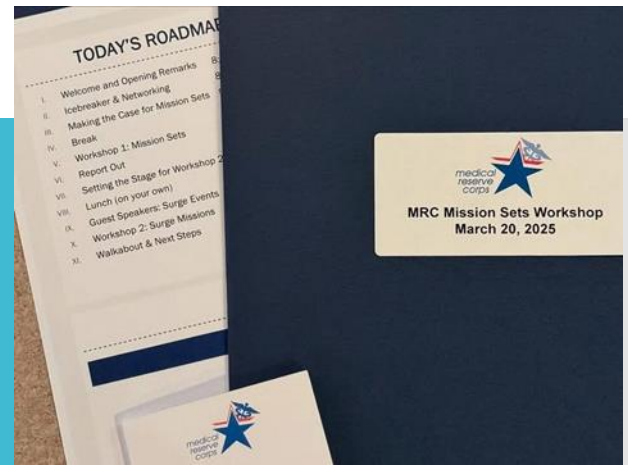
## 6. Public Health Policies

### Phase in actions at lower blood lead levels


Time effective *10/1/23 to 12/31/24	One (1) confirmed venous blood test  (Epidemiological Investigation)	One (1) confirmed venous blood  (Onsite Inspection and Remediation)
*10/1/23 to 12/31/23	$\geq 15 \mu\text{g/dL}$	(1) $\geq 10 \mu\text{g/dL}$ but $< 15 \mu\text{g/dL}$
*1/1/24 to 12/31/24	$\geq 10 \mu\text{g/dL}$	(1) $\geq 5 \mu\text{g/dL}$ but $< 10 \mu\text{g/dL}$
After 1/1/25	$\geq 5 \mu\text{g/dL}$	n/a



## 7. Workforce Development



## 8. Administrative




**CredibleMind**  
WHO Town of Wallingford  
Health Department


The One Stop Shop for Mental  
Wellbeing Resources

Take A Free Assessment

2 MINS



Assessment  
How's Your Sleep Quality?  
START >




12 MINS



Assessment  
What's Your Mental Health Profile?  
START >



wallingfordhealth.crediblemind.com



Adjournment

