

**Wallingford Committee on Aging
Agenda
September 19, 2025**

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of July 18, 2025 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for July and August 2025
- Vote to accept the July and August 2025 Program Account Report

Consent Agenda – Accept the following July and August 2025 reports as emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane

Staff Reports

- Executive Director
- Program Director

Old Business

- Ballot Box Camera System
- Fire Alarm Panel Upgrade
- Computer Replacement Plan

New Business

- Approval for IT Upgrade
- Chamber Membership

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – October 17, 2025

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	BUDGET SUBMITTED	August 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Checking Account 07/01/2025				\$ 16,691.95	
Checking Account 08/01/2025					
Receipts Operations					
Town Contribution	\$ 866,305.00	\$ 72,192.00	\$ 72,192.00	\$ 144,384.00	\$ 721,921.00
Memory Lane Income	\$ 60,000.00	\$ 3,170.00	\$ 5,795.00	\$ 8,965.00	\$ 51,035.00
Interest	\$ 20.00	\$ 0.07	\$ 0.07	\$ 0.14	\$ 19.86
Miscellaneous*	\$ -	\$ 40.00		\$ 40.00	\$ (40.00)
Carryover Budgeted	\$ 9,895.40	\$ 824.62	\$ 1,649.23	\$ 1,649.23	\$ 8,246.17
Total Receipts-Operations	\$ 936,220.40	\$ 75,402.07	\$ 79,636.30	\$ 155,038.37	\$ 781,182.03
Receipts Transportation					
Town Contribution	\$ 219,205.00	\$ 18,267.00	\$ 18,267.00	\$ 36,534.00	\$ 182,671.00
Bus Income	\$ 3,500.00	\$ 176.00	\$ 219.00	\$ 395.00	\$ 3,105.00
Carryover Budgeted	\$ 3,298.47	\$ 274.87	\$ 549.75	\$ 549.75	\$ 2,748.72
Total Receipts-Transportation	\$ 226,003.47	\$ 18,443.00	\$ 19,035.75	\$ 37,478.75	\$ 188,524.72
TOTAL ALL RECEIPTS	\$ 1,162,223.87	\$ 93,845.07	\$ 1,010,731.15	192517.12	\$ 969,706.75
Disbursements Operations					
Salaries	\$ 646,584.00	\$ 51,885.52	\$ 52,175.13	\$ 104,060.65	\$ 542,523.35
Payroll Taxes	\$ 49,892.00	\$ 4,040.24	\$ 3,906.74	\$ 7,946.98	\$ 41,945.02
Pensions	\$ 29,579.00	\$ 2,164.77	\$ 3,008.34	\$ 5,173.11	\$ 24,405.89
Health Benefits	\$ 118,341.00	\$ 4,835.59	\$ 4,835.59	\$ 9,671.18	\$ 108,669.82
Workers Comp	\$ 3,500.00	\$ 381.75	\$ 381.75	\$ 763.50	\$ 2,736.50
Staff Travel	\$ 2,100.00	\$ 40.00	\$ 205.80	\$ 245.80	\$ 1,854.20
Meetings, Seminars, Dues	\$ 3,250.00	\$ 246.91	\$ 308.19	\$ 555.10	\$ 2,694.90
Liability Insurance	\$ 25,307.00	\$ 2,541.20	\$ 2,007.00	\$ 4,548.20	\$ 20,758.80
Telephone	\$ 3,600.00		\$ 399.23	\$ 399.23	\$ 3,200.77
Office Expenses/Supplies	\$ 6,400.00	\$ 1,055.16	\$ 565.04	\$ 1,620.20	\$ 4,779.80
Equipment	\$ 2,100.00			\$ -	\$ 2,100.00
Maintenance/Repair	\$ 3,300.00	\$ 1,133.00	\$ 1,033.00	\$ 2,166.00	\$ 1,134.00
Facility Expenses & Suppl	\$ 7,400.00	\$ 771.37	\$ 494.48	\$ 1,265.85	\$ 6,134.15
Audit	\$ 9,500.00	\$ -		\$ -	\$ 9,500.00
Memory Lane Expenses	\$ 7,000.00	\$ 474.30	\$ 439.48	\$ 913.78	\$ 6,086.22
Miscellaneous*			\$ 20.00	\$ 20.00	\$ (20.00)
Town Building Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Postage	\$ 250.00			\$ -	\$ 250.00
Printing	\$ 2,500.00	\$ 325.00	\$ 325.00	\$ 650.00	\$ 1,850.00
Prof Services	\$ 7,500.00	\$ 1,493.16	\$ 1,385.68	\$ 2,878.84	\$ 4,621.16
Continuing Ed & Training	\$ 800.00			\$ -	\$ 800.00
Disbursements Operations	\$ 928,904.00	\$ 71,387.97	\$ 71,491.45	\$ 142,879.42	\$ 786,024.58

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FY JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	ANNUAL BUDGET	August 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
<u>Disbursements-Transportation</u>					
Salaries-Drivers	\$ 149,066.00	\$ 12,461.11	\$ 11,794.58	\$ 24,255.69	\$ 124,810.31
Payroll Taxes	\$ 12,834.00	\$ 794.46	\$ 902.26	\$ 1,696.72	\$ 11,137.28
Pensions	\$ 7,453.00			\$ -	\$ 7,453.00
Health Benefits	\$ 19,501.00	\$ 549.00		\$ 549.00	\$ 18,952.00
Workers Compensation	\$ 12,150.00	\$ 1,145.25	\$ 1,145.25	\$ 2,290.50	\$ 9,859.50
Maintenance	\$ 6,250.00	\$ 1,182.16		\$ 1,182.16	\$ 5,067.84
Fuel	\$ 13,230.00	\$ 1,516.60	\$ 460.13	\$ 1,976.73	\$ 11,253.27
Insurance	\$ 3,080.00		\$ 3,165.00	\$ 3,165.00	\$ (85.00)
Bus Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Disbursements-Transportat	\$ 223,565.00	\$ 17,648.58	\$ 17,468.22	\$ 35,116.80	\$ 188,448.20
TOTAL DISBURSEMENTS	\$ 1,152,469.00	\$ 89,036.55	\$ 88,959.67	\$ 177,996.22	\$ 974,472.78
Checking Account 08/31/2025				\$ 31,212.85	
				\$ 2,198.98	Sheet 1 E13 + E 19
				\$ 29,013.87	
Allocated to 2025/26 budget	\$13,193.86				

Executive Director Report to the WCOA Board for the 9-19-25

Days of Service:	21	Memory Lane Units:	145
Recorded Attendance:	5,032	Health Service Units:	
Transportation Units:	844	New Members:	26
Community Café Meals:	165	New Members 55-59:	1
Social Service Units:	441	Total Members:	4,138

- I have reviewed our IT needs with GTG and will review the necessary upgrades with the Board. We continue to replace computers as they fail.
- DPW has sent out their new vendor to inspect the fire panel and make recommendations. Waiting for the final report and to see if 3 bids will be required for the work.
- The Fire suppression system over the range in the kitchen needs to be replaced. Three bids were obtained by public works and I'm waiting for the repairs to be scheduled.
- Toured the Library and met with their Executive Director, great spaces and opportunities to collaborate together.
- Attended the Chamber after hours at Choate.
- Reviewing Employee and HR policies for 2026.
- I continue my department specific meetings to learn more about each group's dynamic and their needs. These meeting included volunteers that work in those areas so we can support them more effectively.
- Erin and I will be forming and working with a Travel Committee based on member feedback and requests.
- Starting in September and continuing quarterly, I will be hosting a member "Town Hall" style meeting titled "Ask the Executive Director". This should give people I don't see regularly an opportunity to share requests, feedback and likes and dislikes with us so we can continually improve our programs and operations.
- We continue our educational program series at the library to reach a larger group of potential members on a quarterly basis. I will be our next speaker in January on Hygge.
- Exploring the possibility of hosting a fundraising event for our grief and anxiety support group. More information to follow.

PROGRAM DIRECTOR'S REPORT

AUGUST	2025				
WEEKLY ACTIVITY	PD INSTRUCTOR	VOLUNTEER-LED	SESSIONS	ATTENDED	
Attendance Driver Club 60		X			
Art Appreciation		X		0	
Acting Studio	X		4	37	
Artist Studio		X	4	30	
Ballroom Dance Lessons	X		5	63	
Basic Social Dance Tues/Thur	X		4	38	
Bible Discussion Group		X	4	51	
Billiards		X	21	241	
Bingo		X	8	392	
Bocce		X	8	87	
Body in Motion	X		8	127	
Bridge (Tuesday & Friday)		X	10	96	
Canasta		X	4	23	
Cardio Drumming	X		1	20	
Club 60 Plus Fitness Center		X	21	901	
Corn Hole		X	5	41	
Clay Class (Mon)			4	32	
Clay Class (Tue)		X	4	37	
Craft Corner		X	4	29	
Cribbage		X	5	38	
Dominoes		X	4	22	
Drumming - Basic + Advanced	X		6	32	
Golf League		X	4	248	
Harmonica Group		X	2	2	
Hiking (Meriden Gorge)			1	3	
Knitters and Crocheters		X	5	42	
Mah Jongg & MJ Lessons		X	8	131	
Nickel-Nickel		X	4	33	
Other			21	644	
Parkinson's Fitness Class	X		8	49	
Pickleball		X	4	60	
Pinochle		X	5	30	
Quilting		X	5	40	
Scrabble		X	3	11	
Set Back		X	4	29	
Shuffleboard		X	3	17	
SilverSneaker Boom	X		4	37	
SilverSneaker Circuit	X		4	51	
SilverSneaker Classic (T,TH)	X		8	140	
SilverSneaker Chair Yoga	X		4	47	
Strength and Balance Class	X		8	154	
Tai Chi + Beg Tai Chi	X		9	55	
Tap Dance		X	3	23	
Texas Hold'em			4	38	

PROGRAM DIRECTOR'S REPORT

Total Fitness	X		12	102	
Yoga Gentle	X		4	16	
YogaChair	X		4	46	
Zumba Gold	X		4	18	
Zoom Classes	X		13	46	
WEEKLY ACTIVITIES TOTALS			292	4,449	
MONTHLY ACTIVITIES	Pd Instructor	Volunteer Led	SESSIONS		
AARP Driver Safety Program	X		1	20	
AARP Technology		X	0	0	
AARP Night Driving		X	0	0	
Caldwell Bank Realty		X	0	0	
Billiards Tournaments			0	0	
Birthday Party			1	16	
Book Club		X	1	17	
Chess Club		X	4	5	
Curiosity Club			1	14	
Foot Care Clinic		Dr. Gambardella	1	8	
Free Hearing Services		Home Hearing			
Idea Factory - Watercolor			1	26	
Military Whist Card Party		X	0		
Movie Matinees			5	72	
Parkinson's Support Group	X		1	6	
Q&A with the WPD		X	1	15	
Reiki Treatments	X		0	0	
Veterans Coffee House		X	1	40	
Wills, Trust and Probate		X	0	0	
MONTHLY ACTIVITIES TOTALS				239	
GROUPS & WORKSHOPS					
A.G.E. Workshop		X		X	
iPhone Workshop		X	1	6	
iPad Users' Group		X	1	0	
Support Group		X	1	50	
T.A.B.s		X	0	0	
Jam Band		X	4	35	
GROUPS & WKSHOPS TOTALS					
SPECIAL EVENTS					
Lake View Pulled Pork	8/7/2025			99	
The Corvettes	8/7/2025			134	
Lake View Chicken	8/14/2025			76	
Then Centerline Band	8/14/2025			85	
Lake View Cod	8/21/2025			55	
Patty Carver	8/21/2025			63	

PROGRAM DIRECTOR'S REPORT

Meal Prep - Fresh vs Processed	8/12/2025			20	
Solo Agers Coffee Social	8/15/2025			27	
Aquatic Birds	8/19/2025			28	
Book Signing Boo Boo	8/28/2025			15	
SPECIAL EVENTS TOTALS		Total	3	602	
MEETINGS ATTENDED BY PROGRAM DIRECTOR					
Hospitality Committee			1	16	
WCOA				0	
Staff Meeting			1	10	
<p>September Highlights: Tag Sale Murder Mystery Party Disco Party with CT Rollers</p> <p>Trips Comission: August Cruisin Newport (8/20/2025) - \$ 212.00 Saratoga (8/20/20254) - \$ 225.00</p> <p>Club 60+ July: Silver Sneaker- swipes 1048 = \$2400.00 Renew Active swipes 611 = \$1122.00</p> <p>Programs:</p> <p>Promotion:</p>					

Social Service Monthly Report

Joann Hummel Social Service Coordinator

Month: August 2025

Social Service Coordinator completed 441 units during the month of August. There was 1 community wellness check completed this month after a request for my assistance from the Wallingford Fire Department EMT. Securing family involvement and counseling on home care and transportation services.

The Senior Farmers Market Nutrition Program was a great success! All the ecards that were received were distributed to Wallingford residents who were eligible. The community was delighted to have the experience to shop and receive quality, local, farm fresh items for free. The feedback was all very positive. I am very hopeful that this program will return again next year so the Wallingford Senior Center may again be a distribution site.

In addition to the Senior Farmers Market program (SFMP), The Connecticut Food Share mobile pantry continues to come twice a month to offer fresh food and pantry items to the Wallingford residents. The coordinator of Ct Food Share informed me that the amount of people served at our location has doubled from their previous location. A greater increase is also seen during the holidays and the warmer months. They are very grateful to have us as a partner to help individuals with food insecurity. People continue to express how grateful they are for having the Ct Food Share Mobile Pantry so close to their home. It is truly helping them every month. We are honored to partner with Ct Food Share and will continue to provide a safe and convenient location for them and the community.

Housing and affordable rents remains a need and concern in the state of Ct, and in particular in Wallingford. The Wallingford Housing Authority and Silver Pond Carabetta Managed Apartments, continue to have a wait list. Frequently, people who live in other towns may be next on the list to secure a low-income apartment in Wallingford. The options for senior housing for Wallingford's aging community regardless of income are limited; however, retired people who are on a fixed, limited income, below market value housing options are too few and far between.

Many people on a single fixed income are unable to pay for a \$1700.00 or more rent in Wallingford. Discussions on the difficulty of meeting their personal needs for food, utilities, and medical concerns when they fall just above the eligibility criteria has become a frequent occurrence. As rents increase so does the housing insecurity. As a community we need to become creative in our approach to housing and create options for all ages and incomes for our town and people to thrive.

I continue to be involved in the Wallingford Works for Housing (WWFH), with Ben Fink from SCRCOG and other community leaders, service providers, relatives, town employees, and retirees. Our goal is to raise community awareness and support for expanded housing options. We want as many people as possible to be informed and involved. There are challenges wherever you are on your housing journey and all ages are affected. Together, we are building relationships with our neighbors, our town officials, and those in other towns as we work toward common goals. Our goal is housing for all, economic growth, and a healthy future for Wallingford. I have attended Planning and Zoning community meetings at the Wallingford Town Hall and have appreciated that our town is taking notice and having healthy discussions about adding more affordable options for people. Mayor Cervoni has attended our WWFH community meetings and expressed to the community attendees that he is committed to expanding senior housing in Wallingford.

Weekly support groups held at the WSC continue assisting people who are grieving, feel alone, are overwhelmed by their stress and anxiety. We have been successful in creating a safe place for them to express their emotions and needs. Each month, community residents are calling requesting to join the support group. Grief is an emotion that feels like company that they never requested to have. A powerful emotion that comes in waves. Our group is

learning to manage the unwanted company of grief. Understanding ways to allow it in and then adding balance back into their life. Learning how to allow the emotion of grief not to overstay its welcome, is a learned skill. All are working hard to continue to develop this skill. The group has found comfort to know they are not the only one feeling the emotions that they are trying to manage. They are also able to see their stability and help others to know there is hope, that the deep pain changes in time. They are welcoming the guidance from us to help them seek a new vision in their despair.

The group is also learning how to improve their inner language on how they define themselves. Using less blame and negative statements and keeping the thoughts in the present time instead of the future helps them to reduce their anxiety and stress. The support group offers them a place to express their concerns and find ways to help them feel more comfortable in their environment. The development of trust and friendship among the attendees continues to be appreciated. They are welcoming to all new participants joining the support group, and each new person has expressed gratitude for the warm welcoming. The support groups meet every Tuesday from 2pm-3:30pm Co Facilitated by Jackie McNamee LFP and Joann Hummel SSC.

The month of August, resources that were offered to the community are as follow: Counseling on Medicare and Insurance Plans; SS Disability; Housing; Assisting in Food Insecurities and completing SNAP applications; Ct Food Share Mobile Pantry; Senior Farmers Market Program; Medicare Savings Program applications and DSS redeterminations assistance; DMV assistance; Cancer patient advocacy and Counseling; Grief counseling; Computer assistance; Review mail and assessing for scams; Locating community transportation companies; Assistance in securing Home Health Care and Senior Living; Co -facilitating weekly Support Groups.

Social Service resource agencies contacted or referred out during the month are as follows: 211 Homeless; Crises Response; Rebecca Sember LCSW, PLLC; Wallingford Community Alliance; Agency on Aging; DSS; SSA; Medicare; Franciscans Home Health Care; Assisted Living; Executive Home Care; Compassionate Care; Always Best Care; Hartford Health Care; Masonic Care; Wright Building; Elim Park; Carabetta Housing Management; Silver Pond Housing Management; Anthem Blue Cross; United Health Care; Care Partners; Well Care; Wallingford Town Hall; Wallingford Fire Department; Wallingford Housing Authority; Ct Food Share; SFMP; New Opportunities; Wallingford Public Library; Wallingford Health Department.

8/4/25	Wellness check completed
8/5/25	Support Group
8/6/25	Interviewed by the record Journal for their article on affordable housing.
8/11/25	Wallingford Works for Housing meeting
8/12/25	Medicare Training
8/12/25	Support group
8/19/25	Staff Meeting and Safety Committee Support Group
8/21/25	Navigating Social Security and Medicare training
8/25/25	Wallingford Works For Housing meeting
8/26/25	Support Group

Month/Year: AUGUST 2025 STATISTIC REPORT
INFORMATION AND ASSISTANCE AND FOLLOW UP STATISTICS
SOCIAL WORKER REPORT

	I & A	FOLLOW UP CALLS	APPOINTMENTS OFFICE/OUTREACH	
1. ABUSE NEGLECT PROBLEMS	1			
2. ADULT DAY CARE				
3. AGENCY ON AGING	3		3	3
4. HOMESHARE				
5. ASSISTED LIVING	3		2	4
6. BEHAVIORALHEALTH/counseling, substance abuse, hoarding	20		20	1
7. BENEFITS CHECKUP				
8. CHORE/HOMEMAKER/FRNDLYVISITOR	4	1	4	1
9. COMPANION/LIVE-IN				
10. CONGREGATE HOUSING	1	1		1
11. CONGREGATE MEALS//ENP				
12. CONNPAGE/CONNMAP				
13. CT HOMECARE PROGRAM	3	3		
14. MEMORY LANE	2		2	
15. ENERGY ASSISTANCE	10	10	3	
16. FINANCIAL ASSISTANCE	2	2	2	
17. FOOD PANTRY/OTHER *farmers market enrollment	36	34	36	
18. SNAP	2	2		
19. GERIATRIC ASSESSMENT PROG.				
20. HEALTH INSURANCE/DENTAL	2	2		2
21. HOME REPAIR	2	2		2
22. HOUSING	10	10	2	10
23. HOME HEALTH	5	5	2	5
24. INCOME TAX				
25. LEGAL	3	3	3	3
26. ADVANCED DIRECTIVES	1		1	
27. CONSERVATORSHIP	1		1	
28. POWER OF ATTORNEY	1		1	
29. LONG TERM CARE OMBUDSMAN				
30. MEALS ON WHEELS				
31. MEDICARE C	5		5	
32. MEDICARE PART D	5		5	
33. MEDICAID				
34. MEDICAL CARE/DENTAL CARE				
35. MEDICARE A, B	10	5	5	2
36. MEDICARE SAVINGS PROGRAM	4	2	4	
37. MEDIGAP	5		5	
38. STATEWIDE RESPITE PROGRAM				
39. SKILLED NURSING HOMES	2	2	2	
40. SOCIAL SECURITY	5	5	5	
41. STATE SUPPLEMENTAL/SSI				
42. SUPPORT GROUP/RESPITE	2	2	2	
43. TAX/RENT REBATE	4	2	4	4
44. TRANSPORTATION	3	3		3
45. VETERAN'S PROGRAM				
46. WEAP				
47. YOUTH & SOCIAL SERVICES				
48. *HOME BOUND/WEALTH RESPONSE	3	3		
49. NEW MEMBERSHIP				
50.COMMUNITY OUTREACH/ SOCIAL SERVICE VENDERS	2	2		2
51. COMPUTER SEVICES and MAIL	7	3	7	1
52. *CLIENTS UNDER 60*	167	104	126	44
TOTAL:				
TOTAL UNITS	441			

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
AUGUST 2025

GENERAL STATISTICS:

Active Participants	15	Days of Service	20
Wallingford	14	Service units actual	145
Out of town	01	Service units' budget	210
New	01	Service units if full	300
Discharged	04	Average attendance	7.2
Referrals	06	Budgeted attendance	10.5
Assessments	02	Capacity attendance	15

Regular Meetings:

Other Meetings:

08/13/25	Meeting with potential new client for assessment
08/28/25	Meeting with potential new client for assessment

Marketing Meetings

Qualitative Statement:

We participated in many activities provided by the SC including the monthly birthday party with entertainment. We also attended several movies and a discussion with the Police Department. We had a program put on by Sue Marchese regarding Women's Rights. Children from Youth Services visited us on Wednesday, 8/6. They got to interact and have some fun with our Seniors in ML. A great time was had by all. We also attended an Aquatic Bird Presentation on Tuesday 8/19. Everyone really enjoyed this. We attended a program called "Fresh vs. Processed Food". Everyone really enjoyed this program along with the goodies served. Several of our regular clients have moved on to other adult day programs this month. Some of our clients are still away for the summer. As the month progressed a few have returned. We look forward to the return of all of our clients with some new starting. The fall is a favorite time of year for us as it cools down a bit. We enjoy all the beautiful colors. Enjoy the colors of Fall.

Warm Regards,

Debbie Markiewicz,
Memory Lane Coordinator