

**Wallingford Committee on Aging
Agenda
November 21, 2025**

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of October 17, 2025 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for October 2025
- Vote to accept the October 2025 Program Account Report

Consent Agenda – Accept the following October 2025 reports as emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane

Staff Reports

- Executive Director
- Program Director

Old Business

- Join Hands for Happiness
- WCOA Committees

New Business

- Annual Audit Presentation – Tom Roy, CPA
Carney, Roy and Gerrol, P.C.
- Fundraising/Grants Committee Meeting
- Policy & Procedure Committee Meeting

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – December 19, 2025

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	BUDGET SUBMITTED	October 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Checking Account 07/01/2025				\$ 16,691.95	
Checking Account 10/01/2025					
Receipts Operations					
Town Contribution	\$ 866,305.00	\$ 72,192.00	\$ 216,576.00	\$ 288,768.00	\$ 577,537.00
Memory Lane Income	\$ 60,000.00	\$ 5,970.00	\$ 12,410.00	\$ 18,380.00	\$ 41,620.00
Interest	\$ 20.00	\$ 0.01	\$ 0.14	\$ 0.15	\$ 19.85
Miscellaneous*	\$ -	\$ 82.00	\$ 40.01	\$ 122.01	\$ (122.01)
Carryover Budgeted	\$ 9,895.40	\$ 824.62	\$ 3,298.47	\$ 3,298.47	\$ 6,596.93
Total Receipts-Operations	\$ 936,220.40	\$ 78,244.01	\$ 232,324.62	\$ 310,568.63	\$ 625,651.77
Receipts Transportation					
Town Contribution	\$ 219,205.00	\$ 18,267.00	\$ 54,801.00	\$ 73,068.00	\$ 146,137.00
Bus Income	\$ 3,500.00	\$ 266.00	\$ 616.00	\$ 882.00	\$ 2,618.00
Carryover Budgeted	\$ 3,298.47	\$ 274.87	\$ 1,099.49	\$ 1,099.49	\$ 2,198.98
Total Receipts-Transportation	\$ 226,003.47	\$ 18,533.00	\$ 56,516.49	\$ 75,049.49	\$ 150,953.98
TOTAL ALL RECEIPTS	\$ 1,162,223.87	\$ 96,777.01	\$ 1,010,731.15	385618.12	\$ 776,605.75
Disbursements Operations					
Salaries	\$ 646,584.00	\$ 57,642.54	\$ 148,360.09	\$ 206,002.63	\$ 440,581.37
Payroll Taxes	\$ 49,892.00	\$ 4,323.35	\$ 11,248.05	\$ 15,571.40	\$ 34,320.60
Pensions	\$ 29,579.00	\$ 2,239.02	\$ 6,953.98	\$ 9,193.00	\$ 20,386.00
Health Benefits	\$ 118,341.00	\$ 10,358.72	\$ 14,506.77	\$ 24,865.49	\$ 93,475.51
Workers Comp	\$ 3,500.00		\$ 1,145.25	\$ 1,145.25	\$ 2,354.75
Staff Travel	\$ 2,100.00		\$ 245.80	\$ 245.80	\$ 1,854.20
Meetings, Seminars, Dues	\$ 3,250.00	\$ 103.77	\$ 971.91	\$ 1,075.68	\$ 2,174.32
Liability Insurance	\$ 25,307.00	\$ 1,977.00	\$ 6,525.20	\$ 8,502.20	\$ 16,804.80
Telephone	\$ 3,600.00	\$ 160.11	\$ 399.23	\$ 559.34	\$ 3,040.66
Office Expenses/Supplies	\$ 6,400.00	\$ 443.50	\$ 2,399.15	\$ 2,842.65	\$ 3,557.35
Equipment	\$ 2,100.00	\$ 299.99		\$ 299.99	\$ 1,800.01
Maintenance/Repair	\$ 3,300.00	\$ 1,517.35	\$ 5,844.00	\$ 7,361.35	\$ (4,061.35)
Facility Expenses & Suppl	\$ 7,400.00	\$ 116.11	\$ 1,866.58	\$ 1,982.69	\$ 5,417.31
Audit	\$ 9,500.00	\$ -		\$ -	\$ 9,500.00
Memory Lane Expenses	\$ 7,000.00	\$ 1,211.38	\$ 1,436.78	\$ 2,648.16	\$ 4,351.84
Miscellaneous*			\$ 4,020.00	\$ 4,020.00	\$ (4,020.00)
Town Building Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Postage	\$ 250.00			\$ -	\$ 250.00
Printing	\$ 2,500.00	\$ 325.00	\$ 1,265.51	\$ 1,590.51	\$ 909.49
Prof Services	\$ 7,500.00	\$ 794.92	\$ 3,414.54	\$ 4,209.46	\$ 3,290.54
Continuing Ed & Training	\$ 800.00			\$ -	\$ 800.00
Disbursements Operations	\$ 928,904.00	\$ 81,512.76	\$ 210,603.84	\$ 292,116.60	\$ 636,787.40

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FY JULY 1, 2025-JUNE 30, 2026

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PROGRAM DIRECTOR'S REPORT

October	2025				
WEEKLY ACTIVITY	PD INSTRUCTOR	VOLUNTEER-LED	SESSIONS	ATTENDED	
Attendance Driver Club 60		X	0	0	
Art Appreciation		X	0	0	
Acting Studio	X		5	58	
Artist Studio		X	5	33	
Ballroom Dance Lessons	X		5	37	
Basic Social Dance Tues/Thur	X		5	44	
Bible Discussion Group		X	5	61	
Billiards		X	20	240	
Bingo		X	8	390	
Bocce		X	4	48	
Body in Motion (M,W) 2	X		8	129	
Bridge (Tuesday & Friday)		X	8	75	
Canasta		X	0	0	
Cardio Drumming	X		2	35	
Club 60 Plus Fitness Center		X	20	849	
Corn Hole		X	4	37	
Clay Class (Mon)			3	6	
Clay Class (Tue)		X	3	8	
Craft Corner		X	5	49	
Cribbage		X	4	25	
Dominoes		X	5	21	
Drumming - Basic + Advanced	X		8	58	
Golf League		X	0	0	
Harmonica Group		X	4	4	
Hiking (Meriden Gorge)			1	3	
Knitters and Crocheters		X	4	48	
Mah Jongg & MJ Lessons		X	9	147	
Nickel-Nickel		X	0	0	
Other			20	622	
Parkinson's Fitness 2	X		9	50	
Pickleball		X	4	26	
Pinochle		X	4	58	
Quilting		X	5	40	
Scrabble		X	2	9	
Set Back		X	5	57	
Shuffleboard		X	4	25	
SilverSneaker Boom	X		5	68	
SilverSneaker Circuit	X		3	35	
SilverSneaker Classic (T,TH)-2	X		9	229	
SilverSneaker Chair Yoga	X		5	72	
Strength and Balance 2	X		9	243	
Tai Chi + Beg Tai Chi - 2	X		9	121	
Tap Dance		X	4	31	
Texas Hold'em			4	30	

PROGRAM DIRECTOR'S REPORT

Total Fitness - 4	X		12	82	
Yoga Gentle	X		5	30	
YogaChair	X		3	54	
Zumba Gold	X		3	12	
Zoom Classes - 3	X	5,5	13	100	
WEEKLY ACTIVITIES TOTALS			282	4,399	
MONTHLY ACTIVITIES	Pd Instructor	Volunteer Led	SESSIONS		
AARP Driver Safety Program	X		1	16	
AARP Technology		X	0	0	
AARP Night Driving		X	0	0	
Caldwell Bank Realty		X	0	0	
Billiards Tournaments			0	0	
Birthday Party			1	17	
Book Club		X	1	20	
Chess Club		X	4	8	
Curiosity Club			0	0	
Foot Care Clinic		Dr. Gambardella	1	11	
Free Hearing Services		Home Hearing	1	4	
Idea Factory - Watercolor			1	11	
Military Whist Card Party		X	1	40	
Movie Matinees			4	50	
Parkinson's Support Group	X		1	5	
Q&A with the WPD		X	1	12	
Reiki Treatments	X		0	0	
Veterans Coffee House		X	1	60	
Wills, Trust and Probate		X	1	20	
MONTHLY ACTIVITIES TOTALS				274	
GROUPS & WORKSHOPS					
iPhone Workshop		X	1	9	
iPad Users' Group		X	1	1	
Support Group		X	4	50	
Jam Band		X	3	30	
GROUPS & WKSHOPS TOTALS				90	
SPECIAL EVENTS					
Chris Marolda (Meat Loaf)	10/9/2025		1	45	
Chris Marolda	10/9/2025		1	55	
Edgar Allen Poe (Stuffed Pork)	10/16/2025		1	66	
Edgar Allen Poe	10/16/2025		1	80	
Michael Jackson (Chick Parm)	10/23/2025		1	100	
Michael Jackson	10/23/2025		1	150	
Travel Presentation Italy	10/7/2025		1	5	
Bingocize!	8 sessions		7	77	

PROGRAM DIRECTOR'S REPORT

Karaoke	1 sessions		1	12	
Shakespeare for All	3 Sessions		3	64	
Book Signing "Widows Walk"	10/22/2025		1	6	
Ask Executive Director	10/24/2025		0	0	
Pet Parade	10/29/2025		1	65	
Halloween Party	10/30/2025		1	85	
			21		
SPECIAL EVENTS TOTALS		Total	42	810	
MEETINGS ATTENDED BY PROGRAM DIRECTOR					
Hospitality Committee			1	16	
WCOA			1	11	
Staff Meeting			1	10	

September/October Notes:

Trips Comission

October/November:

Oktoberfest - \$398.00, The Frick - \$315.00, Hawaii - \$9133.00

Fitness Reimbursement Visits

September: Silver Sneaker- swipes 1311 = \$ 2412.00
 Renew Active- swipes 547 = \$ 1065.00
 Silver and Fit - COMING SOON

Programs: Craft Fair wrap up- Another successful year.

Thanksgiving celebtation with Lynn and Vinny Knapp

Promotion: We will be adding an additional health insurance advantage plan called Silver and Fit

Social Service Monthly Report

Joann Hummel Social Service Coordinator

Month: October 2025

Social Service Coordinator completed 346 units during the month of October.

During the government shut down and the fear of losing SNAP benefits, the Ct Food Share Mobile Pantry and Master's Manna became essential for our community to serve people with food insecurities. The line for the mobile pantry reached the end of our parking lot in Oct. As difficult it is to see the number of people in need, it is an important reminder to continue the work to serve our community. Donation boxes to collect food for Master Manna was approved by our Director to begin in November for 2 weeks. The members and residents of Wallingford generosity was heartfelt as daily bags of food entered the center. We are honored to partner with Ct Food Share and Master's Manna and will continue to provide a safe and convenient location for them and the community.

I continue to be involved in the Wallingford Works for Housing (WWFH), with Ben Fink from SCRCOG and other community leaders, service providers, relatives, town employees, and retirees. Our goal is to raise community awareness and support for expanded housing options. We want as many people as possible to be informed and involved. There are challenges wherever you are on your housing journey and all ages are affected. Together, we are building relationships with our neighbors, our town officials, and those in other towns as we work toward common goals. Our goal is housing for all, economic growth, and a healthy future for Wallingford. During October I coordinated a community discussion group which will be hosted at Yellow King on November 8th and 10th.

On October 15th began the open enrollment for Medicare which will continue until Dec 7th. On September 15th, I facilitated a power point presentation at the Wallingford Public Library on *New to Medicare Enrollment*. The presentation also offered the community an awareness of the services that we provide at the WSC. The increase of Medicare enrollment appointments during this enrollment period is staggering in comparison from the years prior. All appointments available have been booked through December.

Weekly support groups held at the WSC continue to assist people who are grieving, feel alone, are overwhelmed by their stress and anxiety. Having a qualified license therapist to help facilitate the support group adds a therapeutic need for the participants who have depression and anxiety disorders. The professional tools and guidance is crucial to the uniqueness and success of our support group setting. This has set us apart from most other support groups. Many Medicare plans do not cover mental health, leaving people alone and suffering because they cannot afford private care. We have been successful in creating a safe place for people to express their emotions and needs. Each month, community residents are calling requesting to join the support group. The ARPA Grant money has ended and new ideas are being discussed with our new Executive Director on creative ways to keep the funding for mental wellness programs active at the WSC. Ending the current support group due to funding would be a huge loss to the participants and the quality of care that the WSC is known for. The group is also learning how to improve their inner language on how they define themselves. Using less blame and negative statements and keeping the thoughts in the present time instead of the future helps them to reduce their anxiety and stress. During the current time we live in, the stress seen amongst our senior population has grown. People are afraid and expressing fear regarding their livelihood, medical needs and their living insecurity. The support group offers a place to express their concerns and find ways to help feel more comfortable in their environment. The development of trust and friendship among the attendees continues to be appreciated. They are welcoming to all new participants joining the support group, and each new person has expressed gratitude for the warm

welcoming. The support groups meet every Tuesday from 2pm-3:30pm Co Facilitated by Jackie McNamee LFP and Joann Hummel SSC.

The month of October, resources that were offered to the community are as follow: Counseling on Medicare and State Insurance Plans; SS Disability; Housing; Assisting in Food Insecurities and completing SNAP applications; Ct Food Share Mobile Pantry; Senior Farmers Market Program; Medicare Savings Program applications and DSS redeterminations assistance; DMV assistance; Cancer patient advocacy and Counseling; Grief counseling; Computer assistance; Review mail and assessing for scams; Locating community transportation companies; Assistance in securing Home Health Care and Senior Living; Co -facilitating weekly Support Groups.

Social Service resource agencies contacted or referred out during the month are as follows: 211 Homeless; Crises Response; Rebecca Sember LCSW, PLLC; Wallingford Community Alliance; Agency on Aging; DSS; SSA; Medicare; Franciscans Home Health Care; KeepMeHome LLC, Assisted Living; Executive Home Care; Compassionate Care; Always Best Care; Hartford Health Care; Masonic Care; Wright Building; Elim Park; Carabetta Housing Management; Silver Pond Housing Management; Anthem Blue Cross; United Health Care; Care Partners; Well Care; Wallingford Town Hall; Wallingford Fire Department; Wallingford Housing Authority; Master's Manna, Ct Food Share; SFMP; New Opportunities; Wallingford Public Library; Wallingford Health Department.

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Month/Year: October 2025 STATISTIC REPORT
INFORMATION AND ASSISTANCE AND FOLLOW UP STATISTICS
SOCIAL WORKER REPORT

	I & A	FOLLOW UP CALLS	APPOINTMENTS OFFICE/OUTREACH	
1. ABUSE NEGLECT PROBLEMS	1	1		1
2. ADULT DAY CARE				
3. AGENCY ON AGING	4	4		2
4. HOMESHARE				
5. ASSISTED LIVING	2			2
6. BEHAVIORAL HEALTH/SUBS ABUSE/GAMBLING/HOARDING	20	3	19	2
7. BENEFITS CHECKUP	15		15	
8. CHORE/HOMEMAKER/FRNDLYVISITOR	5	2	5	2
9. COMPANION/LIVE-IN				
10. CONGREGATE HOUSING				
11. CONGREGATE MEALS//ENP				
12. CONNPACE/CONNMAP				
13. CT HOMECARE PROGRAM	1	1		1
14. MEMORY LANE	1	1		1
15. ENERGY ASSISTANCE	8	3	8	3
16. FINANCIAL ASSISTANCE	2	1	2	1
17. FOOD PANTRY/OTHER	12	6	12	6
18. SNAP	6		6	
19. GERIATRIC ASSESSMENT PROG.				
20. HEALTH INSURANCE/DENTAL				
21. HOME REPAIR	2		2	1
22. HOUSING	5	3	5	
23. HOME HEALTH				
24. INCOME TAX				
25. LEGAL	2	1	1	1
26. ADVANCED DIRECTIVES				
27. CONSERVATORSHIP				
28. POWER OF ATTORNEY				
29. LONG TERM CARE OMBUDSMAN				
30. MEALS ON WHEELS				
31. MEDICARE C	15	5	15	15
32. MEDICARE PART D	3		3	
33. MEDICAID				
34. MEDICAL CARE/DENTAL CARE	2		2	
35. MEDICARE A, B				
36. MEDICARE SAVINGS PROGRAM	5	3	5	
37. MEDIGAP	2		2	
38. STATEWIDE RESPITE PROGRAM				
39. SKILLED NURSING HOMES	1		1	
40. SOCIAL SECURITY	2	2	2	2
41. STATE SUPPLEMENTAL/SSI				
42. SUPPORT GROUP/RESPITE	4	2	4	
43. TAX/RENT REBATE				
44. TRANSPORTATION	1		1	
45. VETERAN'S PROGRAM	2		2	2
46. WEAP				
47. YOUTH & SOCIAL SERVICES	1		1	1
48. *HOME BOUND/WEELLNESS RESPONSE	4	4		2
49. NEW MEMBERSHIP	4		4	
50.COMMUNITY OUTREACH/ SOCIAL SERVICE VENDERS	2	2		
51. COMPUTER SEVICES and MAIL	6		6	
52. *CLIENTS UNDER 60*	136	44	121	45
TOTAL:				
TOTAL UNITS	346			

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
OCTOBER 2025

GENERAL STATISTICS:

Active Participants	18	Days of Service	22
Wallingford	16	Service units actual	203
Out of town	02	Service units' budget	231
New	01	Service units if full	330
Discharged	00	Average attendance	9.22
Referrals	00	Budgeted attendance	10.5
Assessments	00	Capacity attendance	15

Regular Meetings:

10/21/25 Staff Meeting

Other Meetings:

Marketing Meetings

10/15/25 New Haven Area Senior Networking Meeting at Coachman
Square at Woodbridge by John Ardolino

Qualitative Statement:

We participated in many activities provided by the SC including the monthly birthday party with entertainment. We also attended a discussion with the Police Department. We participated in the Halloween Party with the SC. Everyone really enjoyed themselves. We wish you all a wonderful Thanksgiving, time to spend with loved ones.

Warm Regards,

Debbie Markiewicz,
Memory Lane Coordinator