

**Wallingford Committee on Aging
Agenda
December 19, 2025**

RECEIVED FOR RECORD 12-15-25
AT 2:03pm AND RECEIVED BY
Kristen Pango TOWN CLERK

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of November 21, 2025 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for November 2025
- Vote to accept the November 2025 Program Account Report

Consent Agenda – Accept the following November 2025 reports as emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane

Staff Reports

- Executive Director
- Program Director

Old Business

- Fundraising/Grants Committee Meeting
- Join Hands for Happiness
- Policy & Procedure Committee Meeting
- WCOA Committees

New Business

- New Sponsors for Newsletter

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – January 16, 2026

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	BUDGET SUBMITTED	November 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Checking Account 07/01/2025				\$ 16,691.95	
Checking Account 11/01/2025					
Receipts Operations					
Town Contribution	\$ 866,305.00	\$ 72,192.00	\$ 288,768.00	\$ 360,960.00	\$ 505,345.00
Memory Lane Income	\$ 60,000.00	\$ 4,070.00	\$ 18,380.00	\$ 22,450.00	\$ 37,550.00
Interest	\$ 20.00	\$ 0.02	\$ 0.15	\$ 0.17	\$ 19.83
Miscellaneous* Funds Transfer	\$ -	\$ 2,341.00	\$ 122.01	\$ 2,463.01	\$ (2,463.01)
Carryover Budgeted	\$ 9,895.40	\$ 824.62	\$ 4,123.08	\$ 4,123.08	\$ 5,772.32
Total Receipts-Operations	\$ 936,220.40	\$ 78,603.02	\$ 311,393.24	\$ 389,996.26	\$ 546,224.14
Receipts Transportation					
Town Contribution	\$ 219,205.00	\$ 18,267.00	\$ 73,068.00	\$ 91,335.00	\$ 127,870.00
Bus Income	\$ 3,500.00	\$ 246.00	\$ 882.00	\$ 1,128.00	\$ 2,372.00
Carryover Budgeted	\$ 3,298.47	\$ 274.87	\$ 1,374.36	\$ 1,374.36	\$ 1,924.11
Total Receipts-Transportation	\$ 226,003.47	\$ 18,513.00	\$ 75,324.36	\$ 93,837.36	\$ 132,166.11
TOTAL ALL RECEIPTS	\$ 1,162,223.87	\$ 97,116.02	\$ 1,010,731.15	483833.62	\$ 678,390.25
Disbursements Operations					
Salaries	\$ 646,584.00	\$ 43,836.74	\$ 206,002.63	\$ 249,839.37	\$ 396,744.63
Payroll Taxes	\$ 49,892.00	\$ 3,296.35	\$ 15,571.40	\$ 18,867.75	\$ 31,024.25
Pensions	\$ 29,579.00	\$ 1,706.64	\$ 9,193.00	\$ 10,899.64	\$ 18,679.36
Health Benefits	\$ 118,341.00	\$ (916.72)	\$ 24,865.49	\$ 23,948.77	\$ 94,392.23
Workers Comp	\$ 3,500.00		\$ 1,145.25	\$ 1,145.25	\$ 2,354.75
Staff Travel	\$ 2,100.00	\$ 455.00	\$ 245.80	\$ 700.80	\$ 1,399.20
Meetings, Seminars, Dues	\$ 3,250.00	\$ 201.56	\$ 1,075.68	\$ 1,277.24	\$ 1,972.76
Liability Insurance	\$ 25,307.00		\$ 8,502.20	\$ 8,502.20	\$ 16,804.80
Telephone	\$ 3,600.00		\$ 559.34	\$ 559.34	\$ 3,040.66
Office Expenses/Supplies	\$ 6,400.00	\$ 92.32	\$ 2,842.65	\$ 2,934.97	\$ 3,465.03
Equipment	\$ 2,100.00	\$ 17,905.00	\$ 299.99	\$ 18,204.99	\$ (16,104.99)
Maintenance/Repair	\$ 3,300.00	\$ 1,768.64	\$ 7,361.35	\$ 9,129.99	\$ (5,829.99)
Facility Expenses & Suppl	\$ 7,400.00	\$ 311.56	\$ 1,982.69	\$ 2,294.25	\$ 5,105.75
Audit	\$ 9,500.00				\$ 9,500.00
Memory Lane Expenses	\$ 7,000.00	\$ 310.00	\$ 2,648.16	\$ 2,958.16	\$ 4,041.84
Miscellaneous*			\$ 4,020.00	\$ 4,020.00	\$ (4,020.00)
Town Building Lease	\$ 1.00		\$ 1.00	\$ 1.00	
Postage	\$ 250.00				\$ 250.00
Printing	\$ 2,500.00	\$ 325.00	\$ 1,590.51	\$ 1,915.51	\$ 584.49
Prof Services	\$ 7,500.00	\$ 1,018.94	\$ 4,209.46	\$ 5,228.40	\$ 2,271.60
Continuing Ed & Training	\$ 800.00				\$ 800.00
Disbursements Operations	\$ 928,904.00	\$ 70,311.03	\$ 292,116.60	\$ 362,427.63	\$ 566,476.37

FY JULY 1, 2025-JUNE 30, 2026

[illegible]

Executive Director Report to the WCOA Board for the 12-19-25

Days of Service:	17	Memory Lane Units:	137
Recorded Attendance:	4,974	Health Service Units:	
Transportation Units:	780	New Members:	37
Community Café Meals:	122	New Members 55-59:	3
Social Service Units:	512	Total Members:	4,256

- Continuing to review the Employee and HR policies for 2026. Personnel Committee met on 12/12/25. Will continue to review with the intention of releasing it on January 1st 2026.
- Completed the Quadrennial report for our Tax Exempt Application with the Town.
- Held the “Ask the Executive Director Meeting with approximately 25 members in attendance. Lots of great feedback with a continued interest in member involvement on our travel offerings and a request by several members for a reboot of the Bingo Committee with a review of rules and practices.
- Went to see the 3M film product installed in a building 8 years ago. The product looks great.
- Developing the Joins Hands campaign, the first fundraising committee meeting is on January 16th at 10am.
- Finished financial review process with our auditors, 990 signed and submitted to the IRS.
- Renewed our Worker’s Compensation insurance for January 1st 2026.
- Shop Rite has regretfully informed us that they can no longer be the lead sponsor for our newsletter. I’m working on other options with Senior Center Communications to attract additional sponsors. Any suggestions or recommendations regarding potential sponsors would be welcome.
- Working on heating issues that we experience every year at this time. Working on solutions with the town for better heat coverage in certain areas with electric baseboard options.
- Met with the Executive Director of the YMCA. Toured both locations and worked on a plan with Sean to collaborate more in the new year.

PROGRAM DIRECTOR'S REPORT

November		2025			
WEEKLY ACTIVITY	PD INSTRUCTOR	VOLUNTEER-LED	SESSIONS	ATTENDED	
Attendance Driver Club 60		X		0	
Acting Studio	X		4	36	
Artist Studio		X	3	18	
Ballroom Dance Lessons	X		3	21	
Basic Social Dance Tues/Thur	X		3	13	
Bible Discussion Group		X	3	20	
Billiards		X	17	162	
Bingo		X	6	289	
Bocce		X	0	0	
Body in Motion (M,W) 2	X		8	105	
Bridge (Tuesday & Friday)		X	6	59	
Canasta		X	4	18	
Cardio Drumming	X		1	20	
Club 60 Plus Fitness Center		X	17	682	
Corn Hole		X	3	25	
Clay Class (Mon)			4	20	
Clay Class (Tue)		X	0	0	
Craft Corner		X	3	26	
Cribbage		X	3	16	
Dominoes		X	3	12	
Drumming - Basic + Advanced	X		5	35	
Golf League		X	0	0	
Harmonica Group		X	4	10	
Hiking (Farmington Heritage)			1	3	
Knitters and Crocheters		X	3	27	
Mah Jongg & MJ Lessons		X	6	94	
Nickel-Nickel		X	4	21	
Other			17	473	
Parkinson's Fitness 2	X		6	43	
Pickleball		X	1	3	
Pinochle		X	3	32	
Quilting		X	3	21	
Scrabble		X	3	13	
Set Back		X	3	29	
Shuffleboard		X	3	16	
SilverSneaker Boom	X		4	41	
SilverSneaker Circuit	X		4	70	
SilverSneaker Classic (T,TH)-2	X		6	85	
SilverSneaker Chair Yoga	X		3	39	
Strength and Balance 2	X		6	112	
Tai Chi + Beg Tai Chi - 2	X		7	69	
Tap Dance		X	3	25	
Texas Hold'em			4	47	
Total Fitness - 4	X		13	76	

PROGRAM DIRECTOR'S REPORT

Yoga Gentle	X		3	8	
YogaChair	X		4	65	
Zumba Gold	X		4	14	
Zoom Classes - 3	X		10	83	
WEEKLY ACTIVITIES TOTALS			224	3,096	
MONTHLY ACTIVITIES	Pd Instructor	Volunteer Led	SESSIONS		
AARP Driver Safety Program	X		1	13	
AARP Technology		X	0	0	
AARP Night Driving		X	0	0	
Caldwell Bank Realty		X	0	0	
Billiards Tournaments			0	0	
Birthday Party			1	14	
Book Club		X	1	16	
Chess Club		X	1	2	
Curiosity Club			1	14	
Foot Care Clinic		Dr. Gambardella	1	11	
Free Hearing Services		Home Hearing	0	0	
Idea Factory - Watercolor			0	0	
Karaoke			1	12	
Military Whist Card Party		X	1	40	
Movie Matinees			2	9	
Parkinson's Support Group	X		1	2	
Q&A with the WPD		X	1	10	
Reiki Treatments	X		0	0	
Veterans Coffee House		X	1	55	
Wills, Trust and Probate		X	1	4	
MONTHLY ACTIVITIES TOTALS				202	
GROUPS & WORKSHOPS					
iPhone Workshop		X	1	5	
iPad Users' Group		X	0	0	
Support Group		X	3	60	
Jam Band		X	3	30	
GROUPS & WKSHOPS TOTALS				95	
SPECIAL EVENTS					
Holiday Arts and Crafts Fair	11/1/2025			500	
Annual Raffle Drawing	11/3/2025			45	
Veterans Program	11/6/2025			40	
Sound Healing	11/10/2025			8	
Shakespeare For All	11/13/2025			20	
Paul Cicarella	11/14/2025			6	
FBI Agent Greg Dillon	11/17/2025			30	
Thanksgiving Celebration	11/21/2025			150	

PROGRAM DIRECTOR'S REPORT

Bingocize!	6 sessions			60	
Legacy Project Presentation	11/20/2025			25	
SPECIAL EVENTS TOTALS		Total	0	884	
MEETINGS ATTENDED BY PROGRAM DIRECTOR					
Hospitality Committee			1	16	
WCOA			1	11	
Staff Meeting			1	10	

October/November Notes:

Trips Comission

Final Comission Received for 2025

Total Attendance - 537 Travelers

\$23,227.45

Fitness Reimbursement Visits

October: Silver Sneaker- swipes 1424 = \$ 2464.00
 Renew Active- swipes 542 = \$ 1000.00
 Silver and Fit - COMING SOON

Up coming Programs: Winter Melodies - Cello, Piano, a Cappella Chourus, String Quartet. Also come celebrate Jukebox Bingo, Karaoke, Hanukkah Party, Nashville Christmas and Noon Years Eve Party!

Promotion: We will be adding an additional health insurance advantage plan called Silver and Fit

Social Service Monthly Report

Joann Hummel Social Service Coordinator

Month: November 2025

Social Service Coordinator completed 512 units during the month of November.

During the government shut down and the fear of losing SNAP benefits, the Ct Food Share Mobile Pantry and Master's Manna became essential for our community to serve people with food insecurities. The line for the mobile pantry reached the end of our parking lot in Oct and continued through the beginning of November. As it is difficult to see the number of people in need, it is an important reminder to continue the work to serve our community. A Donation box to collect food for Master Manna was approved by our Exec Director to begin in November for 2 weeks. The generosity of our members and residents of Wallingford was heartfelt as daily bags of food entered the center. We are honored to partner with Ct Food Share and Master's Manna and will continue to provide a safe and convenient location for them and the community.

The Wallingford Elks club offered to adopted families connected with the Senior Center to offer them Thanksgiving meals. Four families in need were chosen to receive the Thanksgiving meals. I coordinated the names and the pickup for the families. They were incredibly grateful to receive a frozen turkey and all the items to prepare a meal for their family on Thanksgiving.

I continue to be involved in Wallingford Works for Housing (WWFH), with Ben Fink from SCRCOG and other community leaders, service providers, realtors, town employees, and retirees. Our goal is to raise community awareness and support for expanding housing options. We want as many people as possible to be informed and involved. There are challenges wherever you are on your housing journey and all ages are affected. Together, we are building relationships with our neighbors, our town officials, and those in other towns as we work toward common goals. Our goal is housing for all, economic growth, and a healthy future for Wallingford. Wallingford Works for Housing presented a discussion group to hear concerns, discuss changes and challenges that are occurring in the housing industry in Wallingford that was hosted at Yellow King Brew on November 8th and 10th. The response from the community was positive.

Open enrollment for Medicare took place through November. It was a remarkably busy enrollment period in November as I met with 76 people to discuss their need to enroll in either Medigap plan or advantage plan during the month.

Weekly support groups held at the WSC continue to help people who are grieving, feel alone, and overwhelmed by their stress and anxiety. Having a qualified license therapist to help facilitate the support group adds a therapeutic need for the participants who have depression and anxiety disorders. Professional tools and guidance are crucial to the uniqueness and success of our support group setting. This has set us apart from most other support groups. Many Medicare plans do not cover mental health, leaving people alone and suffering because they cannot afford private care. We have been successful in creating a safe place for people to express their emotions and needs. Each month, community residents are requesting to join the support group. The ARPA Grant money has ended, and innovative ideas are being discussed with our new Executive Director on creative ways to keep the funding for mental wellness programs active at the WSC. Ending the current support group due to funding would be a huge loss to the participants and the quality of care that the WSC is known for.

The group is also learning how to improve their inner language on how they define themselves. Using less blame and negative statements and keeping the thoughts in the present time instead of the future helps them to reduce their anxiety and stress. During the current time we live in, the stress seen amongst our senior population has grown. People are fearful about their livelihood, medical needs and their living insecurity. The support group offers

The month of November, resources that were offered to the community are as follow: Thanksgiving boxes, Counseling on Medicare and State Insurance Plans; enrollment to Medicare Advantage plans and Medigap Plans; SS Disability; Housing; Assisting in Food Insecurities and completing SNAP applications; Ct Food Share Mobile Pantry; Senior Farmers Market Program; Medicare Savings Program applications and DSS redeterminations assistance; DMV assistance; Cancer patient advocacy and Counseling; Grief counseling; Computer assistance; Review mail and assessing for scams; Locating community transportation companies; Assistance in securing Home Health Care and Senior Living; Co -facilitating weekly Support Groups.

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Month/Year: November 2025 STATISTIC REPORT
INFORMATION AND ASSISTANCE AND FOLLOW UP STATISTICS
SOCIAL WORKER REPORT

	I & A	FOLLOW UP CALLS	APPOINTMENTS OFFICE/OUTREACH	
1. ABUSE NEGLECT PROBLEMS	1		1	1
2. ADULT DAY CARE				
3. AGENCY ON AGING	4	4	1	2
4. HOMESHARE				
5. ASSISTED LIVING	2		2	2
6. BEHAVIORAL HEALTH/SUBS ABUSE/GAMBLING/HOARDING	15		15	
7. BENEFITS CHECKUP	2		2	
8. CHORE/HOMEMAKER/FRNDLYVISITOR	1	1		1
9. COMPANION/LIVE-IN	1	1		1
10. CONGREGATE HOUSING				
11. CONGREGATE MEALS//ENP				
12. CONNPACE/CONNMAP				
13. CT HOMECARE PROGRAM	1	1		1
14. MEMORY LANE	2			
15. ENERGY ASSISTANCE	2	2		2
16. FINANCIAL ASSISTANCE				
17. FOOD PANTRY/OTHER	25	25		25
18. SNAP	2		2	
19. GERIATRIC ASSESSMENT PROG.				
20. HEALTH INSURANCE/DENTAL	36	29	36	
21. HOME REPAIR	2	2		2
22. HOUSING	10	5	2	10
23. HOME HEALTH	4	4		4
24. INCOME TAX				
25. LEGAL	2	2		2
26. ADVANCED DIRECTIVES				
27. CONSERVATORSHIP	1	1		
28. POWER OF ATTORNEY	1	1	1	
29. LONG TERM CARE OMBUDSMAN				
30. MEALS ON WHEELS				
31. MEDICARE C	15	6	15	10
32. MEDICARE PART D	5	5	5	
33. MEDICAID	1		1	
34. MEDICAL CARE/DENTAL CARE	15	5	15	
35. MEDICARE A, B	5	5	2	
36. MEDICARE SAVINGS PROGRAM	2	2	2	2
37. MEDIGAP	5	5	3	
38. STATEWIDE RESPITE PROGRAM				
39. SKILLED NURSING HOMES	3	3		2
40. SOCIAL SECURITY				
41. STATE SUPPLEMENTAL/SSI				
42. SUPPORT GROUP/RESPITE	4	2	4	
43. TAX/RENT REBATE				
44. TRANSPORTATION	4		4	
45. VETERAN'S PROGRAM	2	2	2	
46. WEAP				
47. YOUTH & SOCIAL SERVICES	1		1	
48. *HOME BOUND/WELLNESS RESPONSE	2	4	1	2
49. NEW MEMBERSHIP	3		3	
50.COMMUNITY OUTREACH/ SOCIAL SERVICE VENDERS	2	2		4
51. COMPUTER SEVICES and MAIL	6		6	
52. *CLIENTS UNDER 60*				
TOTAL:	189	119	127	77
TOTAL UNITS	512			

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
NOVEMBER 2025

GENERAL STATISTICS:

Active Participants	15	Days of Service	17
Wallingford	14	Service units actual	137
Out of town	01	Service units' budget	178.50
New	00	Service units if full	255
Discharged	03	Average attendance	8
Referrals	02	Budgeted attendance	10.5
Assessments	00	Capacity attendance	15

Regular Meetings:

11/18/25 Staff Meeting

Other Meetings:

Marketing Meetings

11/08/25 YMCA Health Fair attended by John Ardolino

Qualitative Statement:

We participated in many activities provided by the SC including the monthly birthday party with entertainment. We participated in the Veteran's Program with our own Karen Kennedy carrying a flag. We also attended the Thanksgiving Party with entertainment. We love the programs put on by the Dietician from Shop Rite and the Curiosity Club. We also enjoyed the discussion with the Police Department. We have had a cold bug going through our area. Many of our folks have been out for a week at a time. We had three of our long-time members leave our program which is always sad as they navigate this illness. We all look forward to the Christmas Season with the lights, sounds and kindness all around. Have a wonderful holiday season.
Warm Regards,

Debbie Markiewicz,
Memory Lane Coordinator