

**Wallingford Committee on Aging
Agenda
January 16, 2026**

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of December 19, 2025 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for December 2025
- Vote to accept the December 2025 Program Account Report

Consent Agenda – Accept the following December 2025 reports as emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane

Staff Reports

- Executive Director
- Program Director

Executive Session - Personnel

Old Business

- New Sponsors for Newsletter

New Business

- Mission Statement Review
- Nominating Committee Meeting

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – February 20, 2026

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	BUDGET SUBMITTED	December 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Checking Account 07/01/2025				\$ 16,691.95	
Checking Account 12/01/2025					
Receipts Operations					
Town Contribution	\$ 866,305.00	\$ 72,192.00	\$ 360,960.00	\$ 433,152.00	\$ 433,153.00
Memory Lane Income	\$ 60,000.00	\$ 5,400.00	\$ 22,450.00	\$ 27,850.00	\$ 32,150.00
Interest	\$ 20.00	\$ 0.01	\$ 0.17	\$ 0.18	\$ 19.82
Miscellaneous* Funds Transfer	\$ -	\$ 4,061.00	\$ 2,463.01	\$ 6,524.01	\$ (6,524.01)
Carryover Budgeted	\$ 9,895.40	\$ 824.62	\$ 4,947.70	\$ 4,947.70	\$ 4,947.70
Total Receipts-Operations	\$ 936,220.40	\$ 81,653.01	\$ 390,820.88	\$ 472,473.89	\$ 463,746.51
Receipts Transportation					
Town Contribution	\$ 219,205.00	\$ 18,267.00	\$ 91,335.00	\$ 109,602.00	\$ 109,603.00
Bus Income	\$ 3,500.00	\$ 228.00	\$ 1,128.00	\$ 1,356.00	\$ 2,144.00
Carryover Budgeted	\$ 3,298.47	\$ 274.87	\$ 1,649.24	\$ 1,649.24	\$ 1,649.23
Total Receipts-Transportation	\$ 226,003.47	\$ 18,495.00	\$ 94,112.24	\$ 112,607.24	\$ 113,396.23
TOTAL ALL RECEIPTS	\$ 1,162,223.87	\$ 100,148.01	\$ 1,010,731.15	\$ 585,081.13	\$ 577,142.74
Disbursements Operations					
Salaries	\$ 646,584.00	\$ 61,173.24	\$ 249,839.37	\$ 311,012.61	\$ 335,571.39
Payroll Taxes	\$ 49,892.00	\$ 4,174.24	\$ 18,867.75	\$ 23,041.99	\$ 26,850.01
Pensions	\$ 29,579.00	\$ 1,647.05	\$ 10,899.64	\$ 12,546.69	\$ 17,032.31
Health Benefits	\$ 118,341.00	\$ 4,606.41	\$ 23,948.77	\$ 28,555.18	\$ 89,785.82
Workers Comp	\$ 3,500.00		\$ 1,145.25	\$ 1,145.25	\$ 2,354.75
Staff Travel	\$ 2,100.00	\$ 110.32	\$ 700.80	\$ 811.12	\$ 1,288.88
Meetings, Seminars, Dues	\$ 3,250.00	\$ 1,539.94	\$ 1,277.24	\$ 2,817.18	\$ 432.82
Liability Insurance	\$ 25,307.00	\$ 3,954.00	\$ 8,502.20	\$ 12,456.20	\$ 12,850.80
Telephone	\$ 3,600.00	\$ 436.59	\$ 559.34	\$ 995.93	\$ 2,604.07
Office Expenses/Supplies	\$ 6,400.00	\$ 985.79	\$ 2,934.97	\$ 3,920.76	\$ 2,479.24
Equipment	\$ 2,100.00	\$ 844.38	\$ 18,204.99	\$ 19,049.37	\$ (16,949.37)
Maintenance/Repair	\$ 3,300.00		\$ 9,129.99	\$ 9,129.99	\$ (5,829.99)
Facility Expenses & Suppl	\$ 7,400.00	\$ 193.94	\$ 2,294.25	\$ 2,488.19	\$ 4,911.81
Audit	\$ 9,500.00	\$ -		\$ -	\$ 9,500.00
Memory Lane Expenses	\$ 7,000.00	\$ 338.00	\$ 2,958.16	\$ 3,296.16	\$ 3,703.84
Miscellaneous*			\$ 4,020.00	\$ 4,020.00	\$ (4,020.00)
Town Building Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Postage	\$ 250.00			\$ -	\$ 250.00
Printing	\$ 2,500.00	\$ 325.00	\$ 1,915.51	\$ 2,240.51	\$ 259.49
Prof Services	\$ 7,500.00	\$ 1,187.69	\$ 5,228.40	\$ 6,416.09	\$ 1,083.91
Continuing Ed & Training	\$ 800.00			\$ -	\$ 800.00
Disbursements Operations	\$ 928,904.00	\$ 81,516.59	\$ 362,427.63	\$ 443,944.22	\$ 484,959.78

FY JULY 1, 2025-JUNE 30, 2026

OPERATING & TRANSPORTATION ACCOUNT	ANNUAL BUDGET	December 2025 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Disbursements-Transportation					
Salaries-Drivers	\$ 149,066.00	\$ 15,686.43	\$ 65,010.86	\$ 80,697.29	\$ 68,368.71
Payroll Taxes	\$ 12,834.00	\$ 1,199.97	\$ 4,814.56	\$ 6,014.53	\$ 6,819.47
Pensions	\$ 7,453.00			\$ -	\$ 7,453.00
Health Benefits	\$ 19,501.00		\$ 791.98	\$ 791.98	\$ 18,709.02
Workers Compensation	\$ 12,150.00		\$ 3,435.75	\$ 3,435.75	\$ 8,714.25
Maintenance	\$ 6,250.00	\$ 59.55	\$ 2,351.66	\$ 2,411.21	\$ 3,838.79
Fuel	\$ 13,230.00	\$ 462.76	\$ 6,016.13	\$ 6,478.89	\$ 6,751.11
Insurance	\$ 3,080.00		\$ 3,165.00	\$ 3,165.00	\$ (85.00)
Bus Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Disbursements-Transportation	\$ 223,565.00	\$ 17,408.71	\$ 85,586.94	\$ 102,995.65	\$ 120,569.35
TOTAL DISBURSEMENTS	\$ 1,152,469.00	\$ 98,925.30	\$ 448,014.57	\$ 546,939.87	\$ 605,529.13
Checking Account 12/31/2025				\$ 54,833.21	
				\$ 6,596.94	Sheet 1 E13 + E 19
				\$ 48,236.27	
Allocated to 2025/26 budget	\$13,193.86				

Executive Director Report to the WCOA Board for the 1-16-26

Days of Service:	22	Memory Lane Units:	129
Recorded Attendance:	4,160	Health Service Units:	
Transportation Units:	931	New Members:	15
Community Café Meals:	144	New Members 55-59:	1
Social Service Units:	260	Total Members:	4,243

- Continuing to review the Employee and HR policies for 2026 with the personnel committee. New release date is anticipated for 1/30/2026.
- Worked on a plan with Public Works to solve the heating problems in our front offices and library. Electric baseboard heaters were installed in offices with much improvement in maintaining a comfortable temperature. In the library, the sprinkler pipes in the ceiling were wrapped with heat tape, a low temp alarm was installed in the ceiling cavity to monitor the chance of freezing and an open 2x4 ceiling grate in the back of the room was blocked. This has also helped to improve the temperature. I will ask Reliable HVAC to make recommendations on a permanent solution for the library space.
- I have been invited to join the monthly town manager's meeting each month. I'm looking forward to participating and learning more about how the town departments operate.
- I met with Tara's contact to explore additional options for the 3M window film. Turns out he uses the same vendor I selected, and he just adds a percentage onto the cost as a finder's fee. I will continue to look for one more quote if possible before the next board meeting.
- Renewed our director's and officer's liability insurance for January 15th 2026.
- Hosted the staff holiday party at Millpond Gathering, staff feedback was very positive and appreciative.
- Attended the member holiday party hosted here at the center for the first time. We sold out at 150 dinners served. Will be working with Erin to expand our capacity for attendees during the regular season.
- I will be hosting bi-monthly one-to-one meetings with our full-time staff to help them plan for a successful, fulfilling and productive new year.

PROGRAM DIRECTOR'S REPORT

December		2025			
WEEKLY ACTIVITY	PD INSTRUCTOR	VOLUNTEER-LED	SESSIONS	ATTENDED	
Attendance Driver Club 60		X	0	0	
Art Appreciation		X	0	0	
Prime Time Players	X		3	28	
Artist Studio		X	3	21	
Ballroom Dance Lessons	X		3	36	
Basic Social Dance Tues/Thur	X		5	19	
Bible Discussion Group		X	3	40	
Billiards		X	22	233	
Bingo		X	8	302	
Bocce		X	0	0	
Body in Motion (M,W) 2	X		10	149	
Bridge (Tuesday & Friday)		X	7	47	
Canasta		X	5	26	
Cardio Drumming	X		1	10	
Club 60 Plus Fitness Center		X	22	745	
Corn Hole		X	4	35	
Clay Class (Mon)			4	12	
Clay Class (Tue)		X	0	0	
Craft Corner		X	3	14	
Cribbage		X	2	12	
Dominoes		X	2	8	
Drumming - Basic + Advanced	X		5	24	
Golf League		X	0	0	
Harmonica Group		X	5	7	
Hiking (Meriden Gorge)			0	0	
Knitters and Crocheters		X	4	26	
Mah Jongg & MJ Lessons		X	9	82	
Nickel-Nickel		X	4	19	
Other			22	438	
Parkinson's Fitness 2	X		8	32	
Pickleball		X	1	8	
Pinochle		X	3	15	
Quilting		X	5	26	
Scrabble		X	4	11	
Set Back		X	5	36	
Shuffleboard		X	3	7	
SilverSneaker Boom	X		4	33	
SilverSneaker Circuit	X		5	35	
SilverSneaker Classic (T,TH)-2	X		8	89	
SilverSneaker Chair Yoga	X		3	39	
Strength and Balance 2	X		8	110	
Tai Chi + Beg Tai Chi - 2	X		9	53	
Tap Dance		X	3	12	
Texas Hold'em			5	46	

PROGRAM DIRECTOR'S REPORT

Total Fitness - 4	X		16	93	
Yoga Gentle	X		3	7	
YogaChair	X		5	58	
Zumba Gold	X		4	4	
Zoom Classes - 3	X		14	107	
WEEKLY ACTIVITIES TOTALS			272	3,154	
MONTHLY ACTIVITIES	Pd Instructor	Volunteer Led	SESSIONS		
AARP Driver Safety Program	X		1	6	
AARP Technology		X	0	0	
AARP Night Driving		X	0	0	
Keller Williams Realty		X	0	0	
Billiards Tournaments			0	0	
Birthday Party			1	4	
Book Club		X	1	13	
Chess Club		X	0	0	
Curiosity Club			1	3	
Foot Care Clinic		Dr. Gambardella	1	11	
Free Hearing Services		Home Hearing	2	10	
Idea Factory - Xmas Sweater			1	1	
Military Whist Card Party		X	1	40	
Movie Matinees			2	7	
Parkinson's Support Group	X		0	0	
Q&A with the WPD		X	1	8	
Reiki Treatments	X		0	0	
Veterans Coffee House		X	1	65	
Wills, Trust and Probate		X	1	10	
MONTHLY ACTIVITIES TOTALS				178	
GROUPS & WORKSHOPS					
iPhone Workshop		X	0	0	
Support Group		X	5	45	
Jam Band		X	1	3	
GROUPS & WKSHOPS TOTALS				48	
SPECIAL EVENTS					
Ask The Executive Director	12/5/2025			15	
Jukebox Bingo	12/8/2025			60	
Warm Fuzzy Hour	12/9/2025			4	
VCH Holiday Luncheon	12/10/2025			60	
Hanukkah Party	12/15/2025			30	
Cello Music	12/17/2025			45	
Nashville Christmas /Dinner	12/18/2025			133	
Nashville Christmas Show	12/18/2025			153	
Silk N Sounds Concert	12/19/2025			65	

PROGRAM DIRECTOR'S REPORT

Holiday Piano - Sal	12/23/2025			30	
String Quartet	12/24/2025			35	
NOON Years Eve Party	12/30/2025			120	
			0		
SPECIAL EVENTS TOTALS		Total	0	750	
<u>MEETINGS ATTENDED BY PROGRAM DIRECTOR</u>					
Hospitality Committee			1	16	
WCOA			1	11	
Staff Meeting			1	10	

November/December Notes:

TripsTotal Comission for 2025

\$23,227.45

Fitness Reimbursement Visits

November: Silver Sneaker- swipes 1098 = \$ 2214.50
 Renew Active- swipes 420 = \$ 1950 (\$ combined w/ October)
 Silver and Fit - COMING SOON

Programs:

New - Strong Minds with Katie

Promotion: We will be adding an additional health insurance advantage plan called Silver and Fit

Social Service Monthly Report

Joann Hummel Social Service Coordinator

Month: December 2025

Social Service Coordinator completed 260 units during the month of November.

I continue to be involved in Wallingford Works for Housing (WWFH), with Ben Fink from SCRCOG and other community leaders, service providers, realtors, town employees, and retirees. Our goal is to raise community awareness and support for expanding housing options. We want as many people as possible to be informed and involved. There are challenges wherever you are on your housing journey and all ages are affected.

Together, we are building relationships with our neighbors, our town officials, and those in other towns as we work toward common goals. Our goal is housing for all, economic growth, and a healthy future for Wallingford.

Wallingford Emergency Shelter opened for the season. A woman who is currently staying at the shelter has been coming to the Wallingford Senior Center (WSC) daily. She has been receiving assistance from social services for guidance and adaptation to WSC policies. We have been able to help her receive personal hygiene supplies, clothing items, as well as receive meals through Life Bridge.

The Ct Food Share Mobile Pantry continues to come to the Wallingford Senior Center twice a month providing fresh vegetables and fruit to the Wallingford Community. They are especially busy during the holidays helping well over 100 people with food insecurities. The Wallingford Senior Center parking lot remains a safe and convenient location for the community to come to receive their food. The location will continue through 2026, and a schedule has gone out to several social media sites to enhance community awareness.

Assistance in helping the Wallingford community with their Medicare needs during the Open enrollment period occurred from Oct 15th through Dec 7th. It was a remarkably busy enrollment period as I met with 86 people to discuss their need to enroll in either a Medigap plan or an Advantage Plan.

Weekly support groups held at the WSC continue to help people who are grieving, feel alone, and overwhelmed by their stress and anxiety. Having a qualified license therapist to help facilitate the support group adds a therapeutic need for the participants who have depression and anxiety disorders. Professional tools and guidance are crucial to the uniqueness and success of our support group setting. This has set us apart from most other support groups. Many Medicare plans do not cover mental health, leaving people alone and suffering because they cannot afford private care. We have been successful in creating a safe place for people to express their emotions and needs. Each month, community residents are requesting to join the support group. The ARPA Grant money has ended, and innovative ideas are being discussed with our new Executive Director on creative ways to keep the funding for mental wellness programs active at the WSC. Ending the current support group due to funding would be a huge loss to the participants and the quality of care that the WSC is known for.

The group is also learning how to improve their inner language on how they define themselves. Using less blame and negative statements and keeping the thoughts in the present time instead of the future helps them to reduce their anxiety and stress. During the current time we live in, the stress seen amongst our senior population has grown. People are fearful about their livelihood, medical needs and their living insecurity. The support group offers a place to express their concerns and helps them to find ways to feel more comfortable in their environment. The development of trust and friendship among the attendees continues to be appreciated. They welcome all new participants who join the support group, and each new person has expressed gratitude for the warm welcome. The support groups meet every Tuesday from 2pm-3:30pm Co Facilitated by Jackie McNamee LFP and Joann Hummel SSC.

Social Service resource agencies contacted or referred out during the month are as follows: 211 Homeless; Crises Response; Rebecca Sember LCSW, PLLC; Wallingford Community Alliance; Agency on Aging; DSS; SSA; Medicare; Franciscans Home Health Care; Keep Me Home LLC, Assisted Living; Executive Home Care; Compassionate Care; Always Best Care; Hartford Health Care; Masonic Care; Wright Building; Elim Park; Carabetta Housing Management; Silver Pond Housing Management; Anthem Blue Cross; United Health Care; Care Partners; Well Care; Wallingford Town Hall; Wallingford Fire Department; Wallingford Housing Authority; Master's Manna, Ct Food Share; SFMP; New Opportunities; Wallingford Public Library; Wallingford Health Department.

[illegible]

Month/Year: Dec 2025 STATISTIC REPORT
INFORMATION AND ASSISTANCE AND FOLLOW UP STATISTICS
SOCIAL WORKER REPORT

	I & A	FOLLOW UP CALLS	APPOINTMENTS OFFICE/OUTREACH	
1. ABUSE NEGLECT PROBLEMS				
2. ADULT DAY CARE				
3. AGENCY ON AGING	1		1	1
4. HOMESHARE				
5. ASSISTED LIVING	1		1	1
6. BEHAVIORAL HEALTH/SUBS ABUSE/GAMBLING/HOARDING	13	1	12	1
7. BENEFITS CHECKUP	3		3	
8. CHORE/HOMEMAKER/FRNDLYVISITOR	2		2	4
9. COMPANION/LIVE-IN	1		1	1
10. CONGREGATE HOUSING				
11. CONGREGATE MEALS//ENP				
12. CONNPACE/CONNMAP				
13. CT HOMECARE PROGRAM	1		1	
14. MEMORY LANE				
15. ENERGY ASSISTANCE	1		1	1
16. FINANCIAL ASSISTANCE	3	2	3	2
17. FOOD PANTRY/OTHER	1	1		
18. SNAP	3	1	2	
19. GERIATRIC ASSESSMENT PROG.				
20. HEALTH INSURANCE/DENTAL				
21. HOME REPAIR	1		1	1
22. HOUSING	10	4	5	4
23. HOME HEALTH	4		4	4
24. INCOME TAX	1		1	
25. LEGAL	2	1	2	1
26. ADVANCED DIRECTIVES				
27. CONSERVATORSHIP				
28. POWER OF ATTORNEY	1		1	
29. LONG TERM CARE OMBUDSMAN				
30. MEALS ON WHEELS	1		1	
31. MEDICARE C	15		15	
32. MEDICARE PART D	3		3	
33. MEDICAID	1		1	
34. MEDICAL CARE/ DENTAL CARE				
35. MEDICARE A, B	4		4	
36. MEDICARE SAVINGS PROGRAM	4		4	
37. MEDIGAP	15		15	2
38. STATEWIDE RESPITE PROGRAM				
39. SKILLED NURSING HOMES	1		1	
40. SOCIAL SECURITY	1	1		
41. STATE SUPPLEMENTAL/SSI				
42. SUPPORT GROUP/RESPITE	5		5	
43. TAX/RENT REBATE	1		1	
44. TRANSPORTATION	1		1	
45. VETERAN'S PROGRAM	2		2	
46. WEAP				
47. YOUTH & SOCIAL SERVICES	1	1		1
48. *HOME BOUND/WELLNESS RESPONSE	3			
49. NEW MEMBERSHIP	2		2	
50.COMMUNITY OUTREACH/ SOCIAL SERVICE VENDERS	5	1	1	4
51. COMPUTER SEVICES and MAIL	3		3	
52. *CLIENTS UNDER 60*	1	1		
TOTAL:	118	14	100	28
TOTAL UNITS	260			

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
DECEMBER 2025

GENERAL STATISTICS:

Active Participants	15	Days of Service	22
Wallingford	14	Service units actual	129
Out of town	01	Service units' budget	231
New	00	Service units if full	330
Discharged	00	Average attendance	5.8
Referrals	01	Budgeted attendance	10.5
Assessments	00	Capacity attendance	15

Regular Meetings:

12/16/25 Staff Meeting

Other Meetings:

12/11/25 Staff Holiday Party

Marketing Meetings

12/17/25 New Haven Area Senior Networking Meeting at Charter
Senior Living of Orange, attended by John Ardolino

Qualitative Statement:

We participated in many activities provided by the SC including the monthly birthday party with entertainment. We enjoyed the Curiosity Club talking about Xmas Cards. We had the Youth Leadership Group from the Town of Wallingford visit us for some holiday cheer. We participated in the Bingo holiday party. We enjoyed all kinds of music including the Classical Cello, Silk N Sounds, Karaoke, the Violin Quartette and the New Year's Eve Party. We had a busy month. Unfortunately, there was a lot of illness and many of our members were out. All in all it was a great holiday season. We are trying to stay warm and look forward to the end of January with spring maybe in sight. Happy New Year to all!

Warm Regards,

Debbie Markiewicz,
Memory Lane Coordinator